

Kitchen Talk

Sun City Texas Pickleball Club Newsletter

FROM THE PRESIDENT

May



Barb Patterson

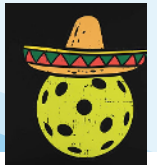
Did you know that the last week of April is “Volunteer Week?” It seems appropriate at this time to thank the many, many volunteers in SCTPC who put in a whole lot of time and effort to make our club one of the best in our community. We appreciate all of you; there are way too many to list individually, but we know who you are and realize that we couldn’t do it without you!

On Saturday, April 22nd, 256 pickleball players on 32 teams descended on the Northpoint Courts to battle it out in the 2023 Spring Fling Team Challenge. The weather was perfect; sunny and in the 70’s most of the day. This all would not have been possible without the effort of many folks who worked behind the scenes to

make the day a success. Kudos go out to Tournament Director, Jerry Fronczak, who had Tori Basque and Allie Bower helping him keep track of all of the players, captains, scoreboards, etc. Fortunately this spring we only had about 25 players drop out; a new record (we’ve had 50+ drop out in the past). Thanks to the 32 captains (some of whom were “drafted”). They all stepped up to do a fantastic job. The day was a success because of the members who volunteered; the parking attendants, scorekeepers, breakfast and lunch gang, registration folks, set up crew, etc. The Stacy Group graciously provided lunch to all players and volunteers; we appreciate their continued generosity and support of our club! As an added bonus, approximately \$1,500 was donated to the Caring Place Food Bank.

COURT ETIQUETTE

Is it your time to enter the court? Please wait until the rally on any court affected by your opening the gate is complete before opening the gate and entering the court.



FROM THE PRESIDENT (CONT.)

Sheila Quinn and her gang on the Social Committee outdid themselves with a wonderful Hawaiian-themed Dinner Dance at the ballroom to top off the day. It turns out that we not only have a bunch of great pickleball players in SCTX, we have a lot of terrific dancers too!

Photos from the day are now online on our club's micro site here -[Spring Fling Photos](#)

And also on our SCTX Pickleball Club Facebook page here -[SCTX Pickleball Club Facebook Page](#)

We are only able to offer programs and activities if people step up to the plate and offer to help. If you're not already volunteering with a pickleball activity or event, please consider signing up in the future. It's a great way to join in on the "**Fun, Friends and Fitness**" in our club.

See you on the courts,

Barb Patterson

CLUB ANNOUNCEMENTS

TREASURER'S REPORT SUBMITTED BY D'LES LONGINO

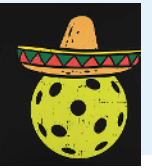
SCTPC: (March - 2023) Financial Synopsis



The Club began the month of March with a cash balance of \$26,132.58. Income totaled \$4,595.00 from new memberships and entries for Spring Fling and Dinner. March expenses total \$2,204.45; maintenance \$115.72, first-aid \$86.76, member relations \$92.96, court reserve \$231.00, Arlo \$5.32, Spring Fling expenses \$698.00 (most of Spring Fling expenses and donation will be reflected in April), sound system \$649.48, and player development \$325.31. We had a monthly net gain of \$2,390.45;

with a cash balance of \$28,523.03. As in the past, January reflected a cash windfall from membership renewals providing the primary source of ANNUAL operating income for the club.

Paid members through the end of March totaled 1,420.



CLUB ANNOUNCEMENTS (CONT.)

WELCOME NEW MEMBERS!

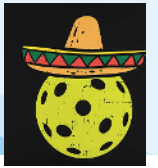
FIRST NAME	LAST NAME
Ruth	Cedillo
Sue	Comstock
Katie	Conley
Bradley	Ellis
Ruth	Ellis
Bob	Gilliam
Carol	Hubbard
Brenda	Jaeck
Mary Ann	Lish

FIRST NAME	LAST NAME
Susan	Lorms
Stacie	McCulley
Mari	Olmeda
Jerry	Penny
Anne	Ramirez
Vincent	Ramirez
Danielle	Ritchie
Michael	Ritchie

FIRST NAME	LAST NAME
Jennifer	Ross
John	Scherman
Sherry	Scherman
Vicki	Schrempp
Chae	Summe
Christine	Usinger
Fred	Woods
Janette	Woods
Dan	Zessin

At press time, total number of club members is 1440.





CLUB ANNOUNCEMENTS (cont.)

Pickleball Display

Did you know that each quarter, the chartered clubs rotate the responsibility for the showcases in the main activity center at 1 Texas Drive. This quarter, the pickleball club has the honor. Sandy Piland and Kim Stout took on the project and did us all proud! Stop by and see the displays in person and if you see Sandy or Kim, given them a big thanks!



SPRING Fling

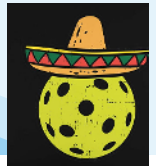


Donna Loynachan (Capt) Michael Atchison,
Elizabeth Brooks, Lynn Dillow, Bill Lotak,
Mike Saettel, Dale Sies, Cindy Wickiser

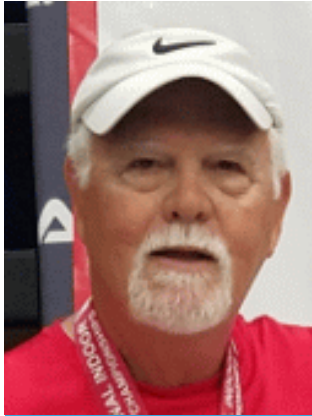


Joe Lish (Capt), Terry Farmer, Becky Lovin,
Diane Michel, Rodney Nappier, Jeff Richer
Colleen Sigley, Linda Wenzinger

Players names are NOT in synch with picture



FROM OUR PICKLEBALL FRIEND



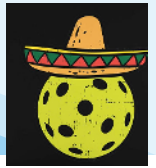
Chuck Flanagan

Have you ever wondered what a USA Pickleball sanctioned tournament looks like? Have you thought about whether or not you'd like to attend one, 'just to see'? Well, you have a great opportunity to do just that at this month's Cedar Park Paddle Battle (May 10-14). This five day event has been one of our area's premier pickleball tournaments for the past 12 years. In fact, before our sport exploded, it was the second largest tournament in Texas. It has also been the first tournament for many of our club's tournament players and helped garner our club's reputation for having very competitive players.

This is an indoor tournament (no rain outs and air conditioning) at the Cedar Park Recreation Center. There's no charge for spectators, plenty of bleacher seating next to the courts, and you get the opportunity to watch some good pickleball and cheer on our Sun City competitors.

Here's breakdown of the tournament schedule and the start time for each event.

5/10 - Wednesday	8am-Men's Doubles 3.0 & 3.5 10am-Men's Doubles 4.0 60+
5/11 - Thursday	8am-Mixed Doubles 3.0 &3.5 11am-Mixed Doubles 4.0 60+
5/12 - Friday	8am-Women's Doubles 3.0 &3.5 10:30am-Women's Doubles 4.0 60+
5/13 - Saturday	8am-Men's Doubles 4.0 & 4.5 11am-Women's Doubles 4.0 & 4.5
5/14 - Sunday	8am-Mixed Doubles 4.0 & 4.5



PICKLEBALL FRIEND (cont.)

Rules

Q:Server is using either the volley serve or the drop serve. Score has been called. Before contact with the paddle is made the server loses control of the ball. In an attempt to retrieve the ball that is rolling away, the server touches the ball with their paddle. Does the act of touching the ball with the paddle constitute a serve?

A:No, this would not be a fault unless the referee thought that the server mis-hit the ball while attempting the serve. A fault would be called, however, if the server failed to recover the ball and serve within the allowed 10 seconds.

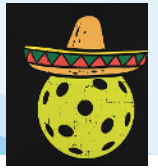
Here are two ways for players to avoid that 10-second fault when competing in a tournament with referees. 1- Quickly call a time out. 2- Ask the referee to confirm correct server and/or positions. In this latter case the referee will: announce, "I will re-call the score.", wait until all players are again ready, and then recall the score to restart the 10 second time limit.

(Section 5.A.4.a.2., of the USA Pickleball Officiating Handbook)*

Q:What do I do about a distraction by an opponent?

A:This is covered in rule 11.J., "Distractions. Players may not distract an opponent when the opponent is about to play the ball. If in the judgment of the referee a distraction has occurred, the referee shall immediately call a fault on the offending team."

That's for matches with a referee. "For non-officiated matches, if a player believes an opponent has committed any type of fault other than a service or non-volley zone foot fault ... they may mention the specific fault to the opponent(s) but they have no authority to enforce the fault. The final decision on fault resolution belongs to the player that allegedly committed the fault."(13.D.1.d.)



PICKLEBALL FRIEND (cont.)

Q:What do I do in a match (with no referee) when we have a problem?

A:That's when you ask for the Tournament Director to come settle the issue and/or appoint a referee to complete the match. This is covered in rule, "13.L. Non-Officiated Play. Any player may request a referee or Tournament Director if:

13.L.1. The player reasonably believes that a rule is being consistently and deliberately violated by their opponent

13.L.2. A situation arises where players are not able to quickly and easily resolve a dispute."

Along these same lines, " If a player disagrees with a referee's ruling or decision, that player may challenge the referee's ruling or decision by asking for the Head Referee, Tournament Director, or the Tournament Director's designee." (13.J.)

Just be aware that if the referee's ruling was correct, you will be penalized with the loss of a time-out and a Technical Warning or Technical Foul if you have no time-outs left.

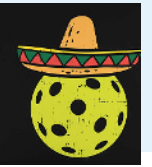
*The 2023 USA Pickleball Officiating Handbook is intended as a guide for referees and line judges at all levels of officiated pickleball events and addresses both singles and doubles play. The procedures, techniques, and tips in this Handbook represent USA Pickleball officiating best practices,

Q: Since most of us don't play in tournaments, how should we handle disputes during recreational or social play?

A: That's an excellent question. The official rulebook addresses this in several locations. Here are some of those things we should all remember and try to incorporate into our games.

SECTION 1

- Always remember that pickleball is a game that requires cooperation and courtesy. A sense of fair play means giving the opponent the benefit of any doubt and is essential in maintaining the game's underlying principles of fun and competition.
- We should avoid wearing clothing that closely matches the ball color.
- We should not question or comment on an opponent's call.

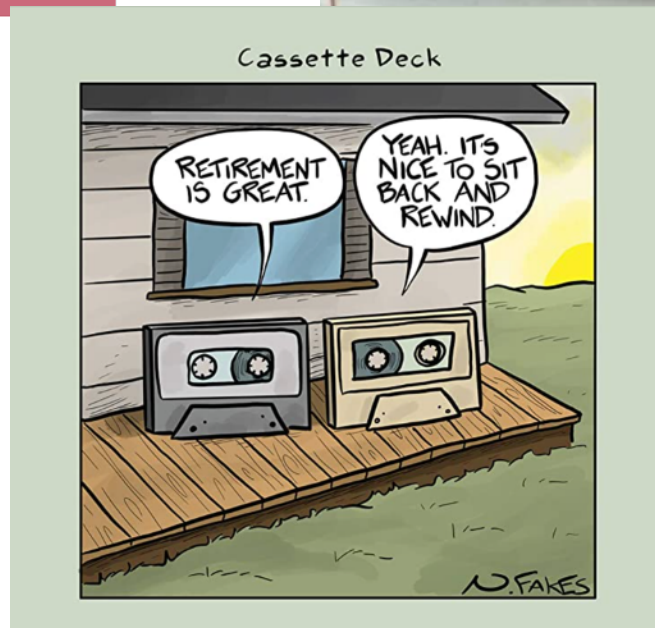


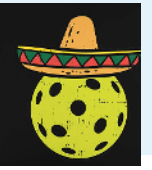
PICKLEBALL FRIEND (cont.)

SECTION 13

- We should call any type of fault on ourselves as soon as the fault is committed or detected.
- While we may call non-volley zone and service foot faults on our opponents, if they disagree about the called foot fault, we should do a replay.
- If you believe an opponent has committed a fault, you may mention the specific fault to the opponent(s) but you have no authority to enforce the fault. The final decision on fault resolution belongs to the player that allegedly committed the fault.

The most important thing is to remember why we're out playing pickleball with our friends and club members: "FUN, FRIENDS, and FITNESS!"





VOLUNTEER OF THE MONTH

nominated by Ric Hutchenson.



Volunteer Name: Liz Blount, Training Administrator

Activity Supported: Introduction to Pickleball and Beginner Training

Four months ago, Liz volunteered to join the Player Development Team and assume the duties of Training Administrator. As training Administrator, she is “the point of the spear” for all new (and old) members who want to enroll in Introduction to Pickleball and Beginner Training Classes. She handles all the initial requests for training, provides scheduling information to the members and fits them into a training schedule that meet their needs. While this only takes seconds to read, it requires hours of work to make it happen. But that is just the beginning, because we all have lives and thus when members have to cancel their classes, she works with them to reschedule their classes and with other members to try to fill the newly opened class slots so that all our training classes are full. This requires an exceptional amount of patience and dedication.

In addition, she is responsible for preparing all of the advance materials for each Beginner Training class, including name tags, reading assignments, training handouts and graduation certificates. Liz is also responsible for making sure the materials get to the appropriate coaches and that the beginner training students receive their training books and advance reading materials.

I can truly say to all who believe that we have the best training program in the country, that without the tireless effort that Liz puts in day in and day out, it wouldn't happen.

So, the next time you see her on the courts tell her THANKS.

TRAINING & DEVELOPMENT

By Ric Hutchinson, Director of Player Development

Welcome to May, the Player Development Team continues to be *swamped* with requests for training.

Program Updates

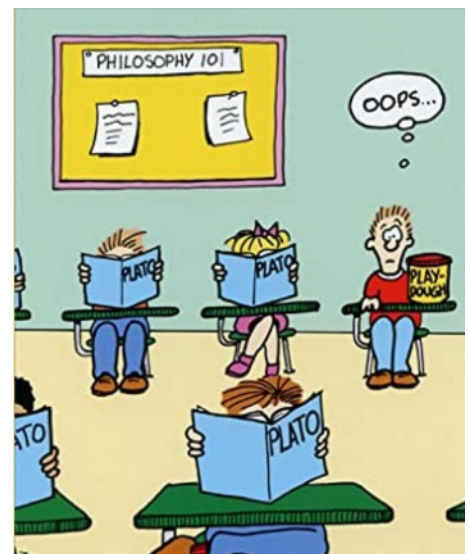
Introduction to Pickleball. In April, in spite of the weather, Peg O’Toole and Judy Blackman taught 2 Intro to Pickleball classes. Due to the number of requests for training currently being received, these classes are currently scheduled to be held a minimum of 2 times per month through May.

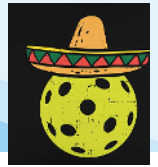
Beginner Training. This month we completed Beginner Training Classes 105, 106 and 107. Due to the large demand for training, we have scheduled BT classes 108-112 into June of 2023. Here are photos of the graduates of BT Class 105, 106 and 107.



BT 105 From left, back row: Bob Bellmaine, (Assistant Instructor), Leena Hove, Aaron Hove, Christine Poe, William Rich, Bonnie Rich, Lynne Fleharty

Front row from left: Martha Speakman, (Instructor), Larry Bernhard, Rayeanne Owen, Marlys Fleharty, Paula Bledsoe, Jan Baldwin, (Assistant Instructor), Alice Clemons, (Instructor)





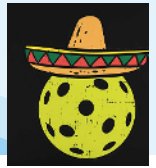
TRAINING & DEVELOPMENT (cont.)



BT 106 Front Row Ric Hutchinson (Instructor), Tori Basque (Assistant Instructor) Kathy Carr (Instructor), Terry Kennedy (Assistant Instructor) Back row Ivan Stubbs, Susan Euresti Stacy Brown, Kirk Bergstrom Steven Schmuker Wendy Moosavi, Kim Banta, .Nancy Rogers, Colleen DuRousseau, Deb Martin, Carol Cain, Robin Land.



Front row / left to right Mary Payne, (Instructor) Diane Bartulevicz, Jan Baldwin (Instructor)
 Second row / left to right Alice Clemons, (Assistant Instructor) Bob Braun, Gail Metz, James Sellers, Michelle Terrell, Caryn Hawk
 Third row / left to right Marth Speakman, (Assistant Instructor) Valerie Coffey, Margaret Deming, Chris Usinger, Shawn Hawk
 Missing are Dawn Cramer and Jerry Young



TRAINING & DEVELOPMENT (cont.)

Evening Classes. BT 106 was our first evening BT class and was a hit. I'm please to say that our second evening class, BT 109 scheduled for May 1-5 is also filled. Due to the popularity of the evening classes, we've added a third evening BT class for June.

Supervised Novice Play. Since the first of the year, we have graduated 85 students from SNP, bringing our total to 624 graduates since the program's inception in August 2020. We currently have 76 active students: 8 in Group A, 23 in Group B and 45 in Group C. Continued thanks to our staff of volunteer coaches who are out on the courts each day mentoring our newest players.



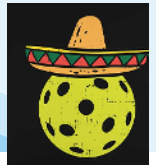
Upcoming Train the Trainer Classes. Our next two Train the Trainer Classes are tentatively scheduled for June at North Point. Specific time and dates to be determined.

If you are interested in becoming a club coach, this is the class for you. It serves to standardize the content and quality of instruction presented to our members. It is a

precursor to hands-on experience gained through shadow training and apprenticeship as assistants to experienced coaches for Beginner Training, Supervised Novice Play and our upcoming Skills and Drills sessions.

Train the Trainer is a 3-day, 2 hours per day, program of instruction. Day 1 covers the Beginner Training course curriculum and an overview of Supervised Novice Play and Skills and Drills programs; prescribed sequence for teaching skills, how to properly feed balls for drills; how to "detect and correct" player shortcomings and pitfalls to avoid in teaching/coaching pickleball. On Days 2 and 3, the students become the instructors. They teach designated skills and drills to other participants and practice detecting and correcting improper form on stroke execution.

This program is a prerequisite for the progressive development of our volunteers who will apprentice as assistant instructors and potentially work their way to teaching Beginner Training and leading Skills and Drills sessions. For more information or to register for this class, contact Ric Hutchinson, Player Development Director, at novicehutch@gmail.com.



TRAINING & DEVELOPMENT (cont.)

Skills and Drills Pilot Program to Start May 16

The more you practice correct repetition of strokes and strategies, the better prepared you will be to react in game situations. On May 16th, the Club will roll out a *pilot test* for its new Skills and Drills Program. The goal of this program is not to make you a better player, but to show you the right path to improve yourself. We will present you with a series of purposeful drills you can use to ratchet up your game.

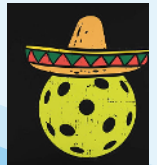
Each week, over a 6-week period, we will introduce a new set of skills and drills. Actual drills and performance standards will vary based on skill level. At the end of the 6 weeks, we'll take a week or two off and then repeat the cycle, providing flexibility for members to sign up for a session they may not have been available to attend or to reinforce a skill they need more work on.

Skills and Drills Weekly Schedule

Week 1	Ball Feeding, Ball Control and Footwork
Week 2	Serve and Return of Serve (Forehand/Backhand Drive)
Week 3	Volley
Week 4	Dink and Drop Shot
Week 5	Lobs and Overhead
Week 6	Basic Doubles Strategy

The focus will be on shot selection, shot execution (technique), court positioning and doubles strategies. Each drill and activity will be goal-oriented and tailored to specific skill levels (2.5, 3.0, 3.5). Designated drills will build to game play conditions.

As with all our training programs, we want to make sure we do this right, so we're going to start out slowly and build on the program as member demand dictates and coach availability accommodate. While Skills and Drills is designed for players from Beginner (2.5) through Intermediate (3.5) levels, the initial focus will be on our lower-level players (2.5 – 3.0), who have completed Beginner Training and Supervised Novice Play. Once we get that rolling, we will expand to our 3.5 level players.



TRAINING & DEVELOPMENT (cont.)

How It Will Work. As of 8:00 am on May 1 eligible members will be able to sign up in CMARS for a single 1-hour Skills and Drills session per week for their self-assessed skill level. As the chart below reflects, we will initially run 2 sessions a day between 11:30 am and 1:30 pm, 3 days a week (Tues, Wed, Thurs) at North Point Courts 14 - 16. With a maximum of 15 players per session, we aim to accommodate 90 participants each week.

Skill Level Session Schedule

	Tuesday	Wednesday	Thursday
11:30 am – 12:30 pm	Group 1 (2.5)	Group 3 (3.0)	Group 5 (2.5)
12:30 – 1:30 pm	Group 2 (2.5)	Group 4 (3.0)	Group 6 (2.5)

Prerequisites. Players will be required to self-assess their skill level. Go to [Definition of Player Skill Ratings - USA Pickleball Association](#) to review the USAP definitions and Skill Assessment Sheets.

- Must be self-rated as a 2.5 or higher-level player.
- 2.5 level participants must have completed Beginner Training and Supervised Novice Play. Waivers must be approved by the Player Development Director.
- Should demonstrate the skills commensurate with your self-assessed USAP rating (2.5 – 3.5).
- Know 100% of the basic rules.
- Execute basic shot strokes (serve, forehand, backhand, volley, dink, drop shot, lob, overhead) in accordance with the standards of your self-rating.
- Understand and attempt to execute proper court coverage.

Note: Skills and Drills will arm you with a variety of drills and activities you can use to improve your personal performance. Separate from this venue, members are further encouraged to seek expert coaching from the Club’s Teaching Professionals. Esteban Espada and Matthew Boyett can help evaluate your skill level, identify shortcomings and assist you in developing a drill plan specific to your needs.



TRAINING & DEVELOPMENT (cont.)

Round Robins. (From Terry Kennedy) BIG CHANGES ARE COMING

The Round Robin play days are changing on May 1st. As of that date all Round Robins will be played 8:30-11:30 on Friday, Saturday, and Sunday on courts 11 thru 16. On courts 11-13 we will have 2.5 level players playing from 8:30-10:00 each day, 3.0 level players playing from 10:00 -11:30 each day. On courts 14-16 we will have 3.5/4.0+ players playing from 8:30-11:30 each day. We are planning on 12 players for both 2.5 and 3.0 round robins with room for 20 players in each of the 3.5/4.0+ round robins. A total of 44 players per day.

We would like to thank all the people who have agreed to help coordinate these round robins.

Fridays:

Mae Kelm Lopez -mitchmaelopez@att.net will coordinate 2.5 & 3.0 round robins

Matt Hein -heinm2021@yahoo.com with Davey Statler -cacastateler@gmail.com will coordinate 3.5/4.0+ round robins

Saturdays:

Cammie Wait -cammie901@att.net will coordinate 2.5 & 3.0 round robins

Geoff Boyle -gwboyle0522@yahoo.com will coordinate 3.5/4.0+ round robins

Sundays:

Barb Aegerter-barbara.bama@att.net will coordinate 2.5 & 3.0 round robins

Terry Kennedy -kennedytw610@gmail.com (temporary until we find a Sunday coordinator) will coordinate 3.5/4.0+ round robins

Registration is still through CMARS starting at 8:00 the day after play for the next week. Example: To play on Friday - registration is open at 8:00 am on the preceding Saturday (Sunday for Saturday play and Monday for Sunday play) - please only register for one day each week. Please use the waitlist; if a person withdraws then the waitlist will automatically pull and notify the next person on the waitlist.



TRAINING & DEVELOPMENT (cont.)

Round Robins (cont.)

Registration, waitlist, and cancellation will all be frozen at 5:00 pm the day before the event - this allows us to draw an accurate playlist that evening for the next day. In an emergency, if you have to cancel after 5:00 pm, please find your own replacement (preferably off the waitlist). If not able, please notify the proper coordinator from above.

You may play a 2nd round robin, if everyone (that has not played) has had an opportunity to sign up. Beginning at 8:00 am and ending at 5:00 pm the day before the event -**if openings exist** you may sign in for a 2nd play that week or the wait list.

If you haven't tried us out - do so. You play 6 games with similar skill level players, different partners and opponents each game. See you on the courts Terry

Leagues-

The Spring Team Pickleball League kicked off on April 3. The first week was challenging with temperatures hitting the mid 90's on Monday and then rain outs on Thursday and Friday. Thanks to the Wednesday league players who came out early to help squeegee off the courts on Wednesday.

Club Teaching Professionals.

Available Hours. Our Teaching Professionals, Matthew Boyett and Esteban Espada share Court #23 at North Point, Monday through Saturday from 7 am - 10 pm. If you prefer evening lessons, please contact them. They also schedule make up sessions for inclement weather days on Sunday. For more information on our pros, their contact information and their rates, click on [Sun City Texas Community Association Private Lessons \(sctexas.org\)](https://www.sctexas.org/private-lessons) or head on out to Court #23, peak through the fence and see these guys in action.

Take Advantage of Our Pros. Many of you have asked me how you can continue to improve your pickleball skill after you have completed our Club training programs. The answer is to contact Esteban or Matthew and take a lesson.



COACH'S CORNER



Matt Boyett

For May's coach's corner let's talk about the question I hear the most: How do I beat a banger?

As pickleball gets faster and faster this will continue to be a big topic. There is a big difference in being aggressive vs becoming a "banger". Here are a few ways to make yourself comfortable against this type of player:

1. Embrace it: Let's face it, getting the ball hit at you hard is not always a fun thing. The more you can embrace it, the better off you will be. Show your opponent that you can take the hard hits no matter what.
2. Keep the ball low: This is a lot easier said than done. First, try to punch the ball at your opponents feet. If they are staying back and hitting the ball hard, keep them back. This will cause them to swing up on the ball which is a good thing for you. You can also try to block the ball down into the Non-Volley zone. This is a harder skill, but one that is necessary to beat a banger.
3. Stay in your ready position: Being ready is half of the battle. If you can do this, you will put yourself in a lot better of a position to get their hard shots back.
4. Let out balls go out: Just like anything else, this is a learned skill. If we always play our opponents hard shots, there is no reason for them to change the way they are playing.

In pickleball, there will always be hard hitters. There is nothing wrong with being aggressive, but as the opponent you have to take control. Remember to embrace it, keep it low, stay in your ready position, and most importantly let out balls go!!



TOURNAMENT NEWS

Horseshoe Bay Senior Games

Men's Doubles

Jerry Fronczak & Joe Gray	4.0	Gold	70 - 74
Steve Timmons & Harley Allen	4.0	Silver	70 - 74
John Carter & Dave Schunk	4.0	Silver	65 - 69
Steve Dulle & Kobus Pieters	3.5	Gold	70 - 74
Steve Dulle & Kobus Pieters	3.5	Silver	Combined 65 - 74

Women's Doubles

Diana Weiss & Connie Rader	4.0	Bronze	60 - 65
Jannine Giles & Cheryl Janssen	3.5	Silver	65 - 69
Jan Geiger & Sammy Klein	3.0 , 3.5	Gold	65 - 74

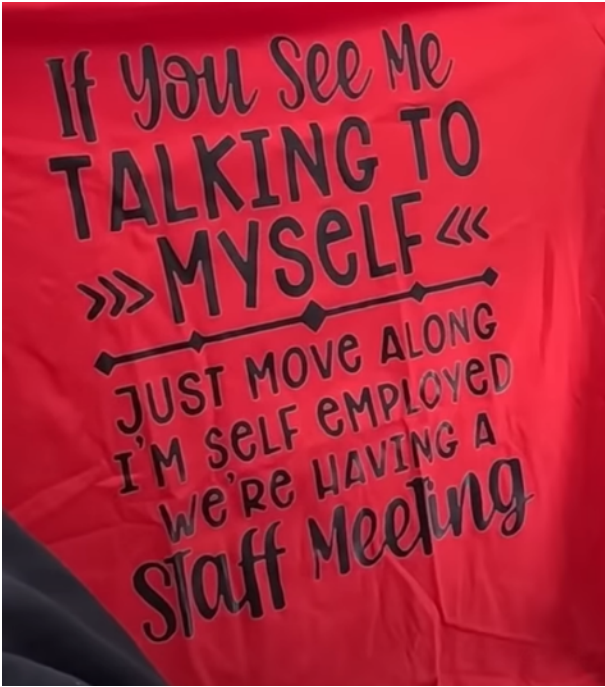
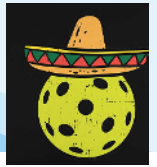
Mixed Doubles

Jan Geiger & Steve Dulle	4.0	Gold	67 - 74
Jan Geiger & Steve Dulle	3.5	Gold	67 - 74 (overall)
Eva Myers & Kobus Pieters	3.5	Gold	70 - 74
Sharon Campbell & Joe Gray	3.5	Gold	65+
Janette Giles & Conley Giles	3.5	Silver	65+

Men's Singles

Kobus Pieters	3.5	Gold	70 - 74
Steve Dulle	3.5	Gold	75 - 79
David Persilver	3.5	Silver	75 - 79





It's a shame that nothing is built in America anymore. I just bought a TV and it said: "Built In Antenna." I don't even know where that is.

2023 SCTPC BOARD MEMBERS AND MANAGERS



Barb Patterson
President



D'Les Longino
Treasurer



Davey Stateler
Maintenance Director



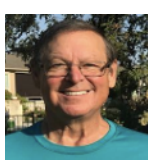
Ron Franke
Vice-President



Ric Hutchinson
Director of Player Development



Peg O'Toole
Secretary



Pete Nadolski
Communications Director

