



Kitchen Talk

Sun City Texas Pickleball Club Newsletter

February



Barb Patterson

FROM THE PRESIDENT

Welcome to February! Your Pickleball Club board has met and started working on some of the projects I mentioned in last month's column. The project that is receiving the most attention currently is our member survey, which will be arriving in your inboxes very soon. Please take the time (which shouldn't take any longer than a typical pickleball game!) to fill out this survey and provide your feedback. Club member feedback greatly helps the board in planning next steps to take.

Now on to a few FAQ that we've received recently:

I just bought a new \$250 paddle. What should I do to be sure I get the most life out of it?

The very first thing you should do when you get a new paddle is put your first and last name on it! This will save you heartache (and save our Communications guy, Pete, time and effort) should you accidentally leave it at the courts.

Why are the courts at Texas Drive sometimes damp in the morning, even when it hasn't rained? Are the sprinklers mal-functioning there?

The dampness is NOT the result of poor sprinkler alignment. Instead, as Carlton Mathis, the head of Landscape and Water Conservation for the CA, explained, "the moisture you are witnessing on the courts is a result of the weather through a combination of the temperatures of the air and concrete, relative humidity, and the dew point. Essentially the concrete is sweating, much like a canned beverage." Also, as an FYI for everyone - the irrigation system for the Texas Drive zones has been turned off since October.



FROM THE PRESIDENT (CONT.)

How come sometimes when I pull up CMARS to look for a court to reserve, it says they are all full but when I go to the courts, there are supposedly “reserved” courts empty?

Most likely that’s because members forgot to cancel their CMARS reservations. If people reserve a court and then decide they cannot use it, the reservation should be canceled ASAP so that other members have a chance to use the court instead.

Can we smoke at the pickleball courts or pavilions?

Sorry, but No. Smoking is not permitted at any of the courts or pavilions; this is a SCTX Community Association rule.

Are motorcycles or motor scooters allowed on the golf cart path leading to the Northpoint courts?

No, only bikes, golf carts and pedestrians are permitted on that path.

What’s the best way to have Pickleball Club concerns addressed or offer a suggestion or solution?

We are glad that you asked! You can fill out the anonymous member survey that will be sent out this month. And you can always send an email to sctxpickleball@gmail.com or directly contact any SCTPC board member.

See you on the courts,

Barb



BYODD+P Rivalry Night





CLUB ANNOUNCEMENTS

TREASURER'S REPORT SUBMITTED *BY D'LES LONGINO AND ALLIE BOWER*



SCTPC: (December - 2022 and FY2022) Financial Syn

December 22

Income totaled \$0.00. As common practice, all membership income for the month of Dec was deferred by CA accounting to the following fiscal year.

Expenses of \$1417 included: player development-\$248, equipment-\$43, member relations/volunteer recognition-\$356, final costs associated with the Holiday Dinner/Dance-\$531; monthly subscriptions for ARLO and Court Reserve-\$183, and administrative costs-\$56.

FY22 Roll-Up:

Revenues for FY22 totaled \$44,224; with \$21,038 coming from membership dues and the remaining (for the most part) from Special Event ticket sales, charitable fund raising, and T-Shirt sales.

Expenses totaled \$45,826; of that \$17,775 was Special Events related, \$6,070 for charitable contributions, one-time start-up costs for Northpoint \$4,285, and the remaining for routine club operations, player development, member relations, and T-shirt cost of goods. We ended the FY with a net income year of (\$1,602) and a cash balance of \$6,473.

**9 out of 10 times
when I lose something...
it's because I put
it in a safe place.**



CLUB ANNOUNCEMENTS (CONT.)

WELCOME NEW MEMBERS!

FIRST NAME	LAST NAME
Allan	Eric
Almy	Judith
Bargeron	Kathy
Barlow	Deb
Beaver	Jackie
Beaver	Tommie
Bergstrom	Kirk
Bernhard	Larry
Bischoff	Gregory
Bledsoe	Paula
Block	Lorraine
Bowell	Duncan
Bowell	Maria
Buschang	Peter
Callaway	Stephen
Demaris	Donna
Deming	Margaret
Dimit	Cathy
Dimit	Glenn
DuRousseau	Colleen

FIRST NAME	LAST NAME
Feldman	Lloyd
Feldman	Lori
Fletcher	Mary Ann
Fletcher	Ralph
Fuller	Jeff
Gard	Barbara
Griffin	Kay
Hagarty	Kelly
Hagarty	Rich
Hammer	Marissa
Harris	Kaycee
Hawk	Shawn
Hembd	Kathy
Hembd	Seth
Higgs	Lisa
Hojnacki	Ed
Horacek	Cynthia
Husband	Barry
Husband	Maria
Johnson	Eillene

FIRST NAME	LAST NAME
Johnson	Leonard
Johnson	Yolanda
Jungen	Rebecca
Kemp	Kirk
Kiely	Tim
Krueger	Sue
Lesikar	Sharon
Limbert	Joan
Lindholm	Karen
Lindsey	Carolyn
Madden	Katherine
Martin	Margi
Martin	Michael
Mastervich	Karen
Maupin	Heidi
McGruder	Shirley
McIntosh	Bruce
Medina	Lisa
Moratti	Lisa
Mullins	Diane



CLUB ANNOUNCEMENTS (CONT.)

WELCOME NEW MEMBERS! (CONT.)

FIRST NAME	LAST NAME
Neville	Bill
O'Brien	Dianne
Overbey	Jim
Parker	Margaret
Patton	Linda
Pentrack	Jeffrey
Pickel	William
Poe	Christine
Reader	Samantha
Rich	Bonnie

FIRST NAME	LAST NAME
Rich	Will
Saso	Martin
Shafer	Vivian
Six	Cheryl
Small	Tom
Starr	Skelly
Stege	Steve
Stein	Ron
Stransky	D

FIRST NAME	LAST NAME
Timmens	Rita
Turner	Denton
Van Oldenmark	Alberta
Veilleux	Joseph
Veilleux	Peg
Warren	Bill
Witter	David
Witter	Maryann
Wolske	Roxane
Woodall	Tommy

At press time, total number of club members is 1,322.





CLUB ANNOUNCEMENTS (cont.)



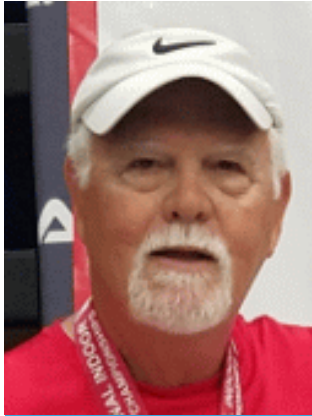
Be on the lookout for the 2023 Member Survey

It has been one year since we last surveyed Club members to gather information about how best to use our existing courts and the new courts that were still in the planning for construction. With the opening of 16 new courts at North Point in April 2022, we have had 26 courts available for the last 10 months. In order to make decisions about if, and what, changes should be considered for using our courts as we move into 2023, we are asking for you to respond the 2023 Member Survey. We are targeting making the Survey available for response the first week of February. When the survey is ready we will send out an announcement including the link for the Survey. It should take only about 15 minutes to complete the survey (unless you want to take longer to provide lots of feedback for the “open ended questions”).

Your Survey responses are your chance to be heard, and your feedback is very important to help us make the best decisions for our Club and all of its members.



FROM OUR PICKLEBALL FRIEND



Chuck Flanagan

USA Pickleball Mid-South Region News

In last month's newsletter I mentioned that there would be two referee clinics prior to the Cedar Park Paddle Battle (May 10-14). Those have now been scheduled for Monday night, April 17th, from 1800 - 2100, and Tuesday morning, April 18th, from 0900 - 1200. Both will be held in the Brazos Room at the Cedar Park Recreation Center. These clinics are free to anyone interested in learning how to referee pickleball. Registration for the clinics will be announced a few weeks prior to the scheduled dates. Also, please remember that if you referee ten or more matches at the Cedar Park

tournament you will be offered the opportunity to register early for next year's tournament.

"The Judgement of Pickleball" - One of the keys to successful pickleball is reducing unforced errors. Another is not giving your opponent an easy put-away shot. We all commit these errors but perhaps we don't realize just how much or how often and how badly it affects our game. Gavin Tabone, one of the Austin area ambassadors came up with a way to record these errors and show just how important it is to reduce these missteps. Take a look at the video in the link below. Gavin videoed a game and at the end of each rally recorded or deducted a point for the players involved. After tallying up these 'player points' it is easy to see how much unforced errors determined the game's output.

Unforced Error Video

I have an unforced error game evaluation scoresheet that you're welcome to use. If you're interested in trying it send me an email at Chuck.Flanagan@Gmail.Com and I'll send you a copy.





PICKLEBALL FRIEND (cont.)

Rules Questions

Q: Who makes the call?

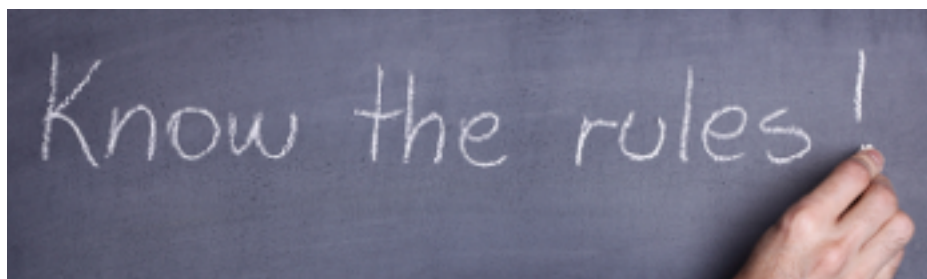
A: Most of us know that we are responsible for making the line calls on our side of the court (Rule 6.D.1., “*Players are responsible for calling the lines on their end of the court...*”). But that’s really not always the case. There are times when we relinquish their right to make a call and it becomes the opponents responsibility to make that line call. This usually occurs when we do not see a ball hit past us and thus cannot make a call. Our only recourse is to assume the ball was “In” or...ask our opponents. Rule 6.D.5. provides for this, “*A player/team may ask the opponent’s opinion to make the line call on the player’s end of the court. If requested and the opponent makes a clear “in” or “out” call, it must be accepted. If the opponents cannot make a clear “in” or “out” call, then the ball is ruled as being “in” on the receiving team.*”



So, don’t be reluctant to ask your opponent if you cannot make a call on the ball. Just remember that you have to rely on their honesty and accept their call and, of course, grant them the same courtesy if they ask you to make a similar call.

Q: I was watching a pro singles match last night (YouTube) and one of the players slid into the netcam cable off the court and that caused the net to move. The referee called it a fault but why did they end up replaying the point?

A: I saw that match and here’s why I think they made that decision. First, I heard the referee called an immediate fault as soon as he saw the net jerked out of position. Then, after seeing how it had happened, I believe that he determined that the cable (which had been tapped down) was not part of the “net system” (Rule 11.K.), which invalidated his fault call. I believe that he then decided that since the cable was actually on the playing surface, it was a hindrance and he called for a replay.





TRAINING & DEVELOPMENT

By Ric Hutchinson, Director of Player Development

It's hard to believe but we are already one month into this year and it's been a busy month. It seems that all I do is think about some aspect of pickleball. So before you read any further I'd like you to sing a little song for me. It's sung to the tune of the ride at the Disney parks called, "**It's a Small World**". Ok, start singing—



It's a big Club after all

It's a big club after all

It's a big Club after all

It's a big big club.

Members like to play and learn

Members like to play and learn

Members like to play and learn

Yes they do

Volunteers will make it work

Volunteers will make it work

Volunteers will make it work

Thank you all!!



Maybe I should apologize to those of you who will now have that tune running through your head for the next month, but maybe not.

Now three things that have become very apparent to me in the last month are:

This is a BIG club

Everyone likes to participate

It takes a lot of volunteers to make everything happen.

I am currently in the process of recruiting and setting up a Player Development team to take on the enormous challenge of administering the programs and duties associated with this position. I want to thank all of you who have agreed to serve on the team (and those who have agreed but just don't know it yet). I will introduce the entire team to you in next month's Kitchen Talk.



TRAINING & DEVELOPMENT (cont.)

Here are some of the details of what we did in January.

Leagues

Since Kings and Queens wrapped up in mid-January. The question is - - what's next? At this time, we are going to take a few weeks off to consider our options and will make some decisions soon.

Round Robins

Round Robins will continue in their current formats and time slots through the second week of February. We will continue to evaluate the current Round Robin structure to determine how to best meet the needs of our members.

Training

Introduction to Pickleball. On 8 January 23, Peg O'Toole and Judy Blackman taught their 1st Introduction to Pickleball class for the year. Many of you might notice that the 8th is a Sunday. After a rainout on Saturday, they were able to reschedule and complete the class. Then they turned around and taught their 2nd class of the year the very next Saturday, fortunately this time without rain.



A **160-pound** adult can burn up to **250 calories** from playing pickleball for just **30 minutes**, and if the game is more intense, they could burn another **100 calories** on top of that!





TRAINING & DEVELOPMENT (cont.)

Beginner Training. On 9 January we started our **100th Beginner Training class**. While this was the first class of 2023 it is far from the last. We are receiving multiple requests for training every day and currently have scheduled BT classes 101 – 104. As I write this it is mid-January and classes 101 – 103 are full and 14 is filling fast. Here is a photo of the graduates of class 100.



Front Row - Martha Speakman Instructor, Jack O'Rourke, Ric Valice, Derrick Black, Marc Rouleau, Julie Eisenman, Patty Steinocker, Gary Dennitt Asst Instructor. Top Row - Jeff Vanek Asst Instructor, Maureen O'Rourke, Debra Valice, Debbie Stransky, Celine Trudeau, Linda Harrell, Allison Wolfe Instructor.

Supervised Novice Play. Since the first of this year, we've graduated 22 students from the Novice Play Program, bringing our total to 561 graduates since the program's inception in 2020. We currently have 58 active students: 19 in Group A, 12 in Group B and 27 in Group C. Continued thanks to our staff of volunteer coaches who are out on the courts each day mentoring our newest players.

Train the Trainer Classes. This is a 6-hour program that provides participants with an overview of current course curriculums; introduces technique and practice for feeding balls to ensure student success; practice teaching skills and "detect and correct" skills for improper technique. After completing the class, graduates shadow experienced



TRAINING & DEVELOPMENT (cont.)

Club Teaching Professionals.

Available Hours. Our Teaching Professionals, Matthew Boyett and Esteban Espada share Court #23 at North Point, Monday through Saturday from 7 am – 10 pm. They also schedule make up sessions for inclement weather days on Sunday. For more information on our pros, their contact information and their rates, click on [Sun City Texas Community Association Private Lessons \(sctexas.org\)](http://Sun City Texas Community Association Private Lessons (sctexas.org)) or head on out to Court #23, peak through the fence and see these guys in action.

Take Advantage of Our Pros. Many of you have asked me how you can continue to improve your pickleball skill after you have completed our Club training programs. The answer is to contact Esteban or Matthew and take a lesson.

Last Comment. Is that tune still running through your head? If not, you should go sing it again.

It's Almost Tax Time!

The IRS suspected a fishing boat owner wasn't paying proper wages to his Deckhand, so they sent an agent to investigate him.

IRS AGENT: "I need a list of your employees and how much you pay them."

Boat Owner: "Well, there's Clarence, my deckhand, he's been with me for 3 years. I pay him \$1,000 a week plus free room and board. Then there's the mentally challenged guy. He works about 18 hours every day and does about 90% of the work around here. He makes about \$30 per week, pays his own room and board, and I buy him a bottle of Bacardi rum and a dozen Budweisers every Saturday night so he can cope with life. He also gets to sleep with my wife occasionally."

IRS AGENT: "That's the guy I want to talk to - the mentally challenged one."

Boat Owner: "That would be me. What would you like to know?"



COACH'S CORNER



Matt Boyett

Hello everyone, my name is Matthew Boyett. I am one of the teaching pros here at Sun City and I will be taking over the Coach's Corner. I am very excited to be sharing some insight. If there are any topics you would like covered please do not hesitate to reach out! So let's get started...

The transition area can be a very challenging area for most amateur players. Sometimes it is referred to as No Man's Land which can be a very misconceiving term. It is very easy to rush to the kitchen line as the serving team. Instead, focus on hitting a good low ball first and then moving forward. The goal should be to hit a shot that buys you time to move forward. If you can do that in one shot, great. Majority of the time you may need to hit 2 or 3 shots before you find yourself at the kitchen line. As hard as it is, try to remember it is not a race to get up. In order to be a good player, you must become comfortable playing in the transition area.

The number one mistake I see most players make in transition is attacking balls that are knee height and lower. Here is why you should avoid doing that:

1. Your opponents are already at the kitchen. At this moment, they have the upper hand in positioning.
2. You are swinging up on a ball, which will cause it to have an upward trajectory.
3. You will not have time to move forward, ultimately getting stuck in transition.

When used correctly, the transition area can be a great tool in your game. Don't forget, as the receiving player your goal is to get to the kitchen quickly as possible. However, when serving, your opponents are already at the kitchen so your mindset must adjust.

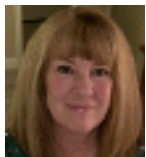
Hit your shot first, evaluate, then move based off of that. To master the transition, you need to drill in the transition area. Good luck and don't rush!



Quick pickleball facts

- Pickleball addicts are called “**Pickl**ers”.
- Florida plays the most pickleball in the world by far.
- Pickleball has no dress code (within reason).
- Pickleball players have some crazy solutions to “pickleball leg cramp”. From eating mustard straight from the jar, to drinking only carbonated water before a game.
- Playing pickleball for 30 minutes will cause the average person to burn over 250 calories. That is like two glasses of wine!
- A 90 minute game of pickleball can rack up between 7000 and 10,000 steps!
- A **pickleball paddle** is 3 times the size of a ping pong paddle.

2023 SCTPC BOARD MEMBERS AND MANAGERS



Barb Patterson
President



D'Les Longino
Treasurer



Davey Stateler
*Maintenance
Director*



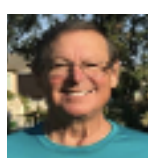
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*Director of Player
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Peg O'Toole
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Pete Nadolski
*Communications
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