



Kitchen Talk

Sun City Texas Pickleball Club Newsletter

January

FROM THE PRESIDENT



When I wrote last month's article at the end of November, I failed to remember the holidays would have come and gone by the time you receive the next article. My bad, soooooo, we wish and hope you had a VERY Merry Christmas, a Happy Holiday Season and a safe New Year!

Also, as I reflect back on my first year on the board, I think about all the members, that I now consider Friends, what a great experience this has been, not only the Fitness side, but certainly the FUN side of this great sport! For

2020, I am very much looking forward to continue the work that began in 2019 and am I already hearing new ideas from incoming board members (Kathy Carr, Ron Franke and Dare Plantz) that are exciting.

Speaking of 2019 work, we were able to meet with Pulte Executives, CA Executives and the site/court designers at the new Legacy Hills site in early December. We walked the area and were VERY impressed with both how open and the focus this group placed on the clubs input and design ideas! And by design ideas, I'm talking both the courts and the area surrounding the courts. I walked away with a vision of not only 8 courts (and room for growth), but a beautiful facility that we will all enjoy for years to come. The timeline was reconfirmed again, barring any surprises, for a late 2020 opening. We will keep you up to date as we learn more.

Another accident free month, so please remember, Safety First, Win the Point Second!

Ed Cahill

"Cheers to a new year and another chance for us to get it right."

Oprah Winfrey



CLUB ANNOUNCEMENTS

TREASURER'S REPORT



The Club began the month of November with a balance of \$7,561 and ended with \$6,577 for a net loss of \$984. Monthly income totaled \$1200, all from the 9 Nov 19 Blue Santa Dinks and Dogs Charity Fundraiser.

Expenses totaled \$2,185 which included a \$1200 donation to Blue Santa and \$500 in recognition of the many contributions of volunteers and outgoing board members. Additional expenses included court cameras at \$61, \$168 for Dinks and Dogs awards, supplies, & hot dog luncheon, and \$256 in support of administrative and training needs of the club.

We had no new members in November, with our paid 2019 membership remaining at 711.

2020 MEMBERSHIPS

All current SCTPC memberships will expire 12/31/19 regardless of purchase date; there is a grace period through 1/31/20 before falling off membership rolls.

2020 memberships went on sale December 1st via CA ticket sales (online or walk-in). There is no increase in annual membership dues for 2020, remaining at \$10.00 per person. Please be sure to renew your membership so you can continue to receive all of the benefits of being a SCTPC member.

My New Year's Resolutions:

- 1) Stop making lists**
- B) Be more consistent**
- 7) Learn how to count**



CLUB CALENDAR



January 2020 — Court Calendar

- Designated Courts Reserved for Club Training
- Designated Court Reserved for Matt Laz Lessons (\$)
- Designated Courts Reserved for Club Leagues
- Designated Courts Reserved for Novice Players Only
- Special Event at Location Listed

Courts 1—6 are located at Texas Drive

Courts 7-10 are Located at the Retreat

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 12-2 pm Novice Play Courts 9 & 10	2 1-6 pm Matt Laz Lessons Court 7	3	4
5	6 12-2 pm Novice Play, Courts 5 & 6	7 1-6 pm Matt Laz Lessons Court 7	8 12-2 pm Novice Play, Courts 9 & 10	9 1-6 pm Matt Laz Lessons Court 7	10	11 2-4 pm Introduction to Pickleball
12	13 12-2 pm Novice Play, Courts 5 & 6 1-2 pm 2.5 Rated Player Drop-In League, Courts 1-4	14 1-2 pm 4.0+ Rated Player Drop-In League, Courts 1-4 1-6 pm Matt Laz Lessons Court 6	15 1-3 pm 3.0 Rated Player Drop-In League, Courts 1-6 12-2 pm Novice Play, Courts 9 & 10	16 1-2 pm 3.5 Rated Player Drop-In League, Courts 1-6 1-6 pm Matt Laz Lessons Court 7	17 1-3 pm Men & Women Singles Ladder League, Courts 7-10	18 12-2 pm Beginner Mentoring, Courts 9 & 10
2-4 pm Intermediate Training, Courts 9 & 10	2-4 pm Intermediate Training Courts 9 & 10 4-7 pm Mixed Ladder League, Courts 7-10	2-4 pm Intermediate Training Courts 9 & 10 4-7 pm Men & Women Ladder, Courts 7-10	2-4 pm Intermediate Training Courts 9 & 10	2-4 pm Intermediate Training Courts 9 & 10	2-4 pm Intermediate Training Courts 9 & 10	2-4 pm Intermediate Training Courts 9 & 10
19	20 12-2 pm Novice Play, Courts 5 & 6 1-2 pm 2.5 Rated Player Drop-In League, Courts 1-4 4-7 pm Mixed Doubles Ladder League, Courts 7-10	14 1-2 pm 4.0+ Rated Player Drop-In League, Courts 1-4 1-6 pm Matt Laz Lessons Court 6 4-7 pm Men's/Women's Ladder League, Courts 7-10	22 1-3 pm 3.0 Rated Player Drop-In League, Courts 1-6 12-2 pm Novice Play, Courts 9 & 10	23 1-2 pm 3.5 Rated Player Drop-In League, Courts 1-6 12-1 pm Skills & Drills, Courts 9&10 1-6 pm Matt Laz Lessons Court 7	24 1-3 pm Men & Women Singles Ladder League, Courts 7-10	25 12-2 pm Beginner Mentoring, Courts 9 & 10 2-4 pm Introduction to Pickleball Courts 9 & 10
26	27 12-2 pm Novice Play, Courts 5 & 6 1-2 pm 2.5 Rated Player Drop-In League, Courts 1-4 4-7 pm Mixed Doubles Ladder League, Courts 7-10	28 1-2 pm 4.0+ Rated Player Drop-In League, Courts 1-4 1-6 pm Matt Laz Lessons Court 6 4-7 pm Men's/Women's Doubles Ladder, Courts 7-10 7-9 pm BYO Drinks and Paddles, Courts 7-10 All Club Members	29 1-3 pm 3.0 Rated Player Drop-In League, Courts 1-6 12-2 pm Novice Play, Courts 9 & 10	30 1-2 pm 3.5 Rated Player Drop-In League, Courts 1-6 12-1 pm Skills & Drills, Courts 9&10 1-6 pm Matt Laz Lessons Court 7 6-8 pm Volunteer Appreciation Event at Mulligans. Invited guests only.	31 1-3 pm Men & Women Singles Ladder League, Courts 7-10	Note: Court Calendar activi- ties subject to change due to inclement weather.



LEAGUES & TRAINING

Winter Leagues Start Mid-January



The Club starts its 8-week Winter League Schedule the week of January 13, 2020. Look for a special club notification with more details in your email tomorrow.

Any questions contact Kathy Carr, Player Development Director at kathy.carr11@gmail.com.

Drop-In League. Based upon your self-assessed or USAPA skill rating, all you do is show up and sign up (first come, first serve) for a random draw of court assignments.

Skill Level	Day	Start Date	Time	Location
2.5	Monday	13 January	1-2 pm	Courts 1-4 (Texas Drive)
4.0 & above	Tuesday	14 January	1-2 pm	Courts 1-4 (Texas Drive)
3.0	Wednesday	15 January	1-3 pm	Courts 1-6 (Texas Drive)
3.5	Thursday	16 January	1-2 pm	Courts 1-6 (Texas Drive)

Women and Men's Singles Ladder League. Based on your USAPA singles rating, previous league results and self-assessed singles rating (new players), you will be assigned a position on the ladder. With weekly results, you will move up and down the ladder to compete against other participants.

Skill Level	Day	Start Date	Time	Location
All	Friday	17 January	1-3 pm	Courts 7-10 (Retreat)

Mixed Team Doubles (Woman/Man Team) Ladder League. Based on the higher of your or your partner's mixed doubles USAPA rating, previous league results and self-assessed mixed rating (new teams), you will be assigned a position on the ladder. Weekly results will influence your team's movement up and down the ladder.

Skill Level	Day	Start Date	Time	Location
All	Friday	13 January	4-7 pm	Courts 7-10 (Retreat)

Team Doubles (2 Women or 2 Men Teams) Ladder League. Based on the higher of your or your partner's doubles USAPA rating, previous league results and self-assessed team rating (new teams), you will be assigned a position on the ladder. Weekly results will influence your team's movement up and down the ladder.

Skill Level	Day	Start Date	Time	Location
All	Friday	13 January	4-7 pm	Courts 7-10 (Retreat)



FROM OUR DISTRICT AMBASSADOR



Chuck Flanagan

PICKLEBALL CHANNEL

Do you subscribe to the "Pickleball Channel"? If not, you should! The Pickleball Channel is a web site showing videos to all things pickleball. By subscribing, you get regular links to exciting pickleball videos of great matches, pro tips, and interviews with people in the pickleball industry. The reason I'm bringing this up now is that I just watched a great pickleball match that showed elements of some of the things I've written in this column over the past year. The match is the Pro Mixed Doubles Bronze Medal Match from the 2019 Franklin Pickleball Masters at Chicken n' Pickle in Wichita. It pitted Kyle Yates and Anna Leigh Waters vs Dave Weinbach and Leigh Waters. Anna Leigh, in case you don't know, is the 12 year-old daughter of Leigh. Now to the match which you can watch here...

<https://tinyurl.com/qvcpttu>

Sportsmanship - a third of the way through the second game (at the 28:00 minute mark) there is a controversy over a line call. While the 'adults' are busy arguing with the referee and judges, Anna Leigh steps up and says she saw the ball as, "out," and

concedes the point. And in case you don't watch the video, the match winners will split \$2,500 and the losers...well, lose. Kudos to Anna Leigh and her mom for raising her.

NVZ - the most questions I get concern the non-volley zone and game two of this match contains two of the more unusual (and least called) violations. The match was officiated by a referee, four line judges, and (this was key) an offside assistant referee, who was on his knees on the opposite side from the referee. This way he had a great look at the two incidents I'm mentioning. Both involved Dave Weinbach. In the first, he jumps back to hit a volley. However, he pushes off from the NVL and failed to contact the court with both feet outside the NVZ before striking the ball. This happens at the 25:30 mark. (Rule 9.D.)

The other NVZ violation occurs at the 46:40 mark when Dave volleys a dink and allows his paddle to touch the NVZ in his follow-through. (Rule 9.B.2.)

This was a very exciting match. These are four great players and there were some amazing points played as well as some NVZ rule tips as I mentioned above. I urge you to take some time to watch it.

While we're on the subject of the NVZ, take another look at Rule 9.B. It seems pretty straightforward, doesn't it? There is, however, an exception to this and it's in the rule book. If you find it, send an email identifying the rule to: Chuck.flanagan@gmail.com



TOURNAMENT RESULTS

Cedar Park Championships - 12/4/19 - 12/8/19



Ron Franke and Conley Giles,
Gold medal, Men's Doubles,
3.0



Kathy Carr and Mary Payne,
Bronze medal, Women's
Doubles 4.0+

Tournament players - please remember to submit your photos to SCTXPickleball@gmail.com so they can be included on our Facebook page and in our newsletters.

JEOPARDY!

**WHAT'S THE DILL, YO?
THE USAPA PROMOTES
THIS RACKET SPORT,
ONE OF THE USA'S
FASTEST-GROWING
SPORTS**

Pickleball made it into the mainstream as a question on Jeopardy!



TOURNAMENT RESULTS, CONT'D.

It Takes a Village to Raise a Champion

(How I Won a Gold Medal at the 2019 USAPA National Games)

By Kathy Carr

When I started playing pickleball 6 years ago, I was a "Hacker" – inexperienced, unskilled and, for those who knew me, somewhat excitable. My eye/hand coordination was tied to distant memories of having played field hockey in college more than forty years ago. I hit the ball hard with the hope it would go over the net, stay on the court and, best case, not come back. I've since learned this is a strategy that doesn't win friends, nor will it get you beyond a 3.5 player rating.



On the podium at Nationals with a gold medal around my neck, proudly holding the NJ and TX state flags.

Fast forward to last month. I played 4.0 doubles and mixed doubles and won a gold medal in singles for my age group at the most prestigious pickleball tournament in the world – the 2019 USAPA National Games at the Indian Wells Tennis Center in California. It's funny how, at 65, it's still exciting to win.

So, you ask, how did this Pickleball Hacker transcend from banging the ball to winning a gold medal at Nationals? I can tell you firsthand, it didn't happen over-night and I didn't do it alone. Most of the credit goes to the people in my village, the Sun City Pickleball Club. And to all of you I am grateful.

In order to qualify for the pre-registration opportunity at Nationals, you must have earned a gold medal at a USAPA regional tournament between July 2018 and July 2019. So, first thanks to my doubles partner, Mary Payne. She kept me focused to win women's doubles gold at the Mid-South Regional Tournament in Denton, TX. She also cheered my singles gold win at the Great Plains Regional Tournament in Colorado Springs. Mary and her husband, Stan, kept me hydrated and cool in the desert heat at Palm Springs and provided coaching tips throughout the national level competition.

Thanks, also, to my senior game partner, Donna Duffy. Though plagued with knee and hip pain before her recent surgeries, this bionic woman carried us through women's doubles at the Texas State Senior Games in San Antonio and the National Senior Games in Albuquerque this summer. How can you not love a partner that remains unflappable as you're yelling, "I can't see; I can't see" in response to a lob that is launched in your direction with the blinding sun in your eyes.



TOURNAMENT RESULTS, CONT'D.

I can't forget John Carter, who has been like a 5th brother to me over the last few years. Throughout drills, practice and tournaments, he has endured my antics (eye rolling, shoulder shrugging and occasional comments under my breath). John, I promise to be a more encouraging partner, and well, you know, I love you like a brother.

And then there's the great coach and mentor, Chuck Flanagan. Besides dedicating countless hours to his duties as regional pickleball ambassador, Chuck conducted twice weekly drill sessions for those of us who went to the National Senior Games. He's really the one who introduced the soft, controlled game to our club. I want to let you know, Chuck, that your sage guidance paid off. To this day, I am reminded of a tournament we attended in Ruidoso, N.M. During a time-out in my singles match against a 5.0 player, you called me over to the fence behind the sideline and whispered in slow, deliberate words, "Kathy, uh,...keep doing what you're doing." It worked; I won.



Chill Pills prescribed and filled by Chuck Flanagan for Kathy Carr.

Before sharing one final story, thank you to the rest of the members in our club. There is not a day that goes by where I am not positively affected by one or more of you. Whether you are on the court as my partner or competitor; the hero that fixed my forehand drive (Scott Brady); a student or instructor in one of my classes; a cheerleader for me or another Sun City player at a tournament, you make a difference.

Okay, so there I was in the final match for the gold at Nationals. Most of the Sun City folks weren't scheduled to play that day, so they were over at Cheryl and Mike Janssen's condo, cooking up a Mexican feast. It was hot and late. My competitor, Laura Patterson, and I were both tired. In a match for best 2 out of 3 games, Laura won 11-2, 12-10. That meant we had to play a sudden death game to 15 points. I remember thinking about how quiet it was. I looked up and was shocked to see all our Sun City folks sitting in the stands. They had turned off the stove, got in their cars and drove to the courts to watch me. In that moment, I knew this was my family and I had one thing to do - win. And I did; the final score was 15-9.



Sun City Cheering Squad at USAPA Women's National Gold Medal Match. 4.0, 65-69. (Front Row - Barb Carter, John Carter; 2nd Row - Diane Cleaver; 3rd Row: Dare Plantz, Shaz Douglas, Cheryl Janssen, Sheila Quinn; 4th Row - Steve Frank, Linda Frank, Joe Wickens; Lone Ranger on the right - Stan Payne. Mary Payne was providing coaching assistance on the sideline.

If I can go from Pickleball Hacker to National Winner, so can you. Just surround yourself with members of the Sun City Pickleball Club. They will teach you, inspire you, cheer you, and if you're real lucky like me, congratulate you.



JOKES AND FUN STUFF

New Year's Eve

On New Year's Eve, Daniel was in no shape to drive, so he sensibly left his van in the car park and walked home. As he was wobbling along, he was stopped by a policeman.

'What are you doing out here at four o'clock in the morning?' asked the police officer.

'I'm on my way to a lecture,' answered Roger.

'And who on earth, in their right mind, is going to give a lecture at this time on New Year's Eve?' asked the cop sarcastically.

'My wife,' slurred Daniel grimly.

Marriage

Boy, age 4: Dad, I've decided to get married.

Dad: Wonderful! Do you have a girl in mind?

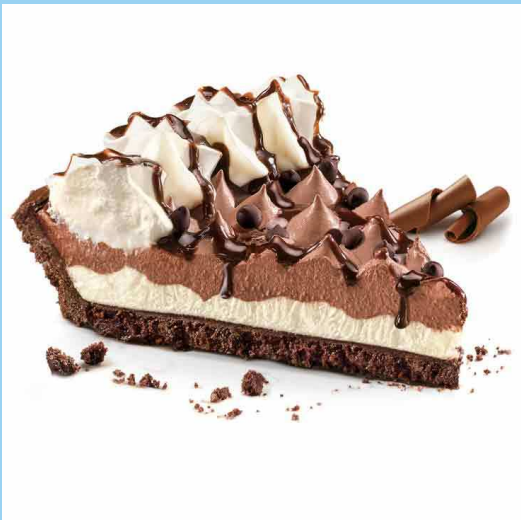
Boy: Yes...Grandma! She said she loves me, I love her too....and she's the best cook and story teller in the whole world!!

Dad: That's nice, but we have a small problem there!!

Boy: What problem?

Dad: She happens to be my mother. How can you marry my mother?

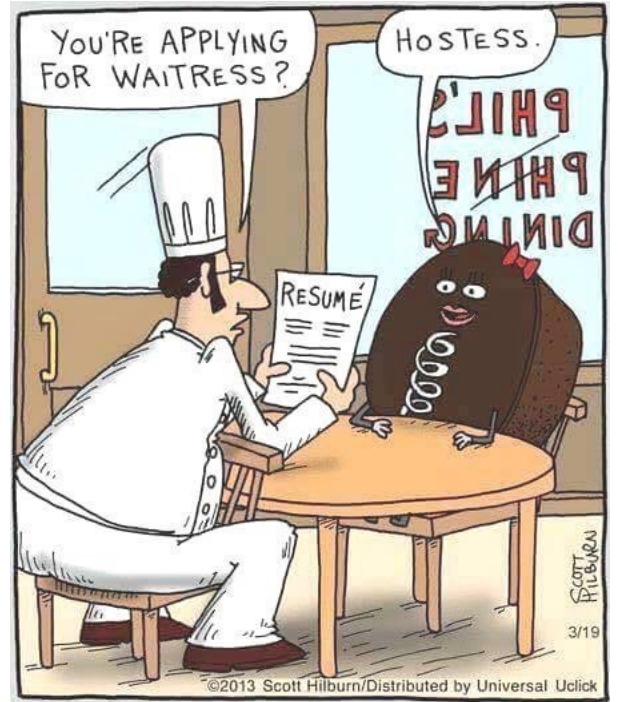
Boy: Why not? You married mine!!!



**ALL I'M SAYING IS
YOU RARELY SEE A
PERSON CRYING AND
EATING PIE AT THE
SAME TIME.**



MORE FUN STUFF



**An optimist stays up until midnight to see the new year in.
A pessimist stays up to make sure that old year leaves.**

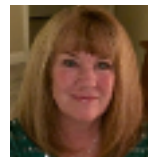
2020 SCTPC BOARD MEMBERS AND MANAGERS



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Allie Bower
Treasurer



Barb Patterson
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Ron Franke
Vice-President



Kathy Carr
Director of Player Development



Wayne Schaefer
Ball Machine Coordinator



Judy Blackman
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Dare Plantz
Maintenance Director



Shaz Douglas
Social Committee Chairperson