

# Stand up and Boogie



**Count:** 48      **Wall:** 4      **Level:** Beginner

**Choreographer:** Rick Todd – Jan 2017

**Music:** Stand up and Boogie by: Danny & Bongy



## **S1: Lindy Right, Left Rockin' Chair**

- 1&2      Step right, step left next to right, step right
- 3-4      Rock back on left, recover on right
- 5-6      Rock forward on left, recover on right
- 7-8      Rock back on left, recover on right

## **S2: Lindy Left, Right Rockin' Chair**

- 1&2      Step left, step right next to left, step left
- 3-4      Rock back on right, recover on left
- 5-6      Rock forward on right, recover on left
- 7-8      Rock back on right, recover on left

## **S3: Two Right Jazz Boxes**

- 1-4      Cross right over left, step back on left, step right to side, step left next to right
- 5-8      Cross right over left, step back on left, step right to side, step left next to right

## **S4: Two Lock steps forward with Brushes**

- 1-4      Step right forward, lock left behind right, step forward on right, brush left forward
- 5-8      Step left forward, lock right behind left, step forward on left, brush right forward

## **S5: K-Step**

- 1-4      Step forward on right, touch left next to right, step back on left, touch right next to left
- 5-8      Step back on right, touch left next to right, step forward on left, touch right next to left

## **S6: Walk Back R. L., turn ¼ to Right, Kick Left, Walk Back Left Right Left, Touch Right**

- 1-4      Walk back right left, turn ¼ to right & kick left forward
- 5-8      Walk back left right left, touch right next to left

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