



# Kitchen Talk



## Pickleball Association of Sun City Texas Newsletter

### 2016 PASCT Board Members

President Nancy Grafton	Vice President Barb Patterson	Treasurer Gary Pinkston	Secretary VA Miller	Player Development Director Peg O'Toole	Communications Director Kathy Carr
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Volume 2, Issue 10

*Fun, Friends and Fitness*

November 1, 2016

# Happy Thanksgiving

## From the Prez

*By Nancy Grafton  
PASCT President*

What an exciting month ahead – our **Fall Tournament** this Saturday, November 5<sup>th</sup> and the **Shrimp Bowl** that same evening, and then voting on Wednesday, November 9<sup>th</sup> for the **2017 Officers of the Pickleball Club** and the proposed **Bylaw Revisions**. If you aren't entered to play in the tournament, come on out and cheer. The action starts at 9 a.m. There will be a table available for your non-perishable food items at all three events to donate to the Caring Place.



Nancy Grafton

This edition of Kitchen Talk contains a photograph and brief biography of the candidates for the 2017 Pickleball Board. These folks will be guiding the Club as we face continued growth in membership (currently at 541) and court locations (Queens in late 2017). The Board meeting will be held in the Cowan Creek Pavilion, Nov. 9<sup>th</sup>, starting at 9:30 a.m. A light breakfast will be served – no charge – but we will need a head count. Please register by going to the [Sun City Home Page](#), entering your resident login, and then going to the [Pickleball Club Home Page](#). Under "Upcoming Events" on the right side of the page, click on the 9 November calendar event and follow the instructions. You can review the proposed Club Bylaw Revisions that are posted on our pickleball website by clicking on [Proposed Bylaw Revisions](#).

Just a few reminders: the paddle system is to be used for Courts 1-6 during prime hours (currently 7-11 a.m.), and whenever all courts are in use and players are waiting. The rack system on Courts 5 and 6 is to be used during the evening hours when the lights are in use. The lights are available between the hours of 7 a.m. and 9 p.m. only.

On a personal note – it has been my pleasure to see and hear all the activity in our newly landscaped gathering area. Whenever I arrive at the pickleball courts, whether finding an available parking space, or having to park in what I call, the hinterlands, there's always laughter and conversation happening – and pickleball, of course!

Nancy

## Club Announcements

By Kathy Carr

PASCT Communications Director

**“Sun City Showdown” Pickleball Tournament and Shrimp Boil – Saturday, 5 November 2016.** While the registration window for this Saturday’s pickleball tournament and shrimp boil dinner is now closed, here are some important administrative notes for participants in one or both events.



Sun City Showdown

The pickleball club continues to support those in need. Whether you are a spectator or tournament participant or just plan on attending the shrimp boil, we encourage everyone to bring any non-perishable food donations they might have for the Caring Place and drop them off at the designated table that will be set up.

Check-in time for the tournament is 8:30 - 9:00 am. Parking will be at a premium due to the Art Fair, so please carpool and/or drive your golf cart. Park your golf cart in designated spots first. Once those are taken, please park four golf carts per car slot. Be SURE you know you are parking behind someone that is there for the tournament! Coffee cake, coffee, juice, fruit, and water will be provided. Bring your lawn chairs, visors/caps, sunscreen, sunglasses, water containers (ice and water will be available). Stacy Group will provide lunch; sandwiches (including vegetarian), chips, drinks and cookies. The tournament is a round robin format: each team plays a total of 4 matches. We'll play two matches in the morning, break for lunch and play the last matches in the afternoon. Total points won will determine the winners for each level. Awards will be presented. Barb Patterson, Tournament Director, has sent team assignments and rules for match play to all participants.

The Shrimp Boil dinner will be held at Cowan Creek Pavilion - Social Hour starts at 5:30. Water and tea will be provided, but you must BYOB!



**Lost and Found.** Your stuff misses you too. There are several items left behind at the courts that are now located in the storage shed at the back of Court 2. Current inventory includes 3 light jackets - one black, one green and one gray; 1 round plate - white in color, left over from the Pickle"Ball" and assorted other items. Please come claim them or they will be donated to the Caring Place.

**Current Fall League Results Posted to Club Website.** If you want to take a gander at the standings for the Fall Leagues so far, go to the [Club's League Information Page](#) and click on the Fall 2016 League Results.

## USAPA Pickleball Scorecard

#	Player	R1	R2	R3	R4	R5	Total
1							
2							
3							
4							
5							

Date: \_\_\_\_\_ Week: \_\_\_\_\_ Division: \_\_\_\_\_



**Name the Player.** Chuck Flanagan is offering a reward to the first club member who can correctly guess the name of the player depicted in this picture. Hint – it is a compact with a pony tail that yells “You go” on the court. If you think you know who individual might be, send Chuck an email at [chuck.flanagan@gmail.com](mailto:chuck.flanagan@gmail.com).

**Court Closure on Veterans’ Day.** The pickleball courts will be closed from 10:15 a.m. to 12:30 p.m. on Friday, November 11th while the Annual Veterans Day ceremony is being held at Veteran’s Memorial Plaza. Since you can’t play pickleball anyway, come on out to the ceremony to honor all veterans who have served in our military forces and those men and women who are serving today. The Georgetown High School band, orchestra and choir will provide music beginning at 10: 45 a.m. This year’s guest speaker will be Major General Douglas Chalmers, Deputy Commanding General (UK), III Corps and Fort Hood. Two of the trees and plaques behind the Memorial Wall will be dedicated and wreathes will be placed at the Memorial Wall and the Williamson County Memorial Wall.



**Annual Board Meeting – Cowan Creek Pavillon, Wednesday, 9 November 2016 at 9:30 am.** This is the most important board meeting of the year. All members are encouraged to attend and make their vote count. In addition to voting in the officers for the Club’s 2017 Board of Directors, we will vote on recommended changes to the Club’s By-Laws. This issue of *Kitchen Talk* provides a short bio on each of the candidates running for office. Additionally, you can review the proposed changes to the club’s bylaws by clicking

on [Draft Changes to PASCT Bylaws](#). They suggest 1) changing the Club’s name from Pickleball Association of Sun City Texas to the Sun City Pickleball Club and 2) incorporating the use of electronic voting (email and/or website ballot) for club elections, on matters brought before the general membership at scheduled business meetings, on club expenditures above \$2,500, and on the process for future changes to the bylaws. If you’re looking for an additional incentive to attend, a light breakfast will be served to attendees. So we can get an estimated headcount on attendees, please register today by clicking on [Count Me In](#) and then, under “Upcoming Events,” click on the 9 November calendar event. You may have to enter your resident ID number and password.

The agenda for the Annual Club Board Meeting is listed on the next page and is posted to the Club Website for your perusal.

**Pickleball Association of Sun City Texas (PASCT) Annual Meeting  
Wednesday, November 9, 2016 at Cowan Creek Pavilion  
9:30 a.m.**

**Agenda:**

- Call to Order
- Welcoming Remarks
- Pledge of Allegiance
- Minutes of the Previous Meeting

**Voting on Amendment of By-Laws (language can be reviewed on website)**

**Introduction of Nominating Committee:**

- Presentation of Slate of Officers
- Nominations from the Floor

**Voting on 2017 Slate of Officers:**

- By Ballot by Members in Attendance

**Reports of the Officers:**

- Vice President (membership)
- Treasurer (financials)
- Secretary (accident reports)
- Player Development (leagues and training)
- Communication Director (Pickleball Express/Kitchen Talk)
- President (medical tags, Pickleball Central credit)

**Report of Standing Committees:**

- Fall Tournament
- Shrimp Bowl
- Maintenance (court enhancements)

**New Business:**

- Recognition of Volunteer of the Month
- Election Results
- Outsourcing Pickleball Training for Inter/Advanced Players

**Adjournment**

## Come Out and Vote for the 2017 Board

*Introduction by Kathy Carr  
Communications Director*

The Pickleball Club's 2016 Nominating Committee, consisting of Kim Stout, Chairwoman, Dave Rudes, Cathy Stateler, Phil Coraggio and Charles Hagen, submitted the following slate of candidates for the 2017 Executive Board for the Pickleball Association of Sun City Texas. Each of the listed candidates has agreed to be on the ballot, to meet the expectations of a pickleball board member and to fulfill the duties of their position to the best of their ability.



The nominating committee will present this slate of candidates at the Club's annual business meeting on **November 9th, at Cowan Creek Pavilion at 9:30 am**. Further nominations may be made from the floor at the annual meeting with the permission of the candidate. A majority vote of the membership present will determine the board members who represent you and the more than 500 other members of the pickleball club over the next year.

As the Sun City Texas community postures for continued expansion, the 2017 Pickleball Club Board will face many new challenges. Please take the time to review the short biography each of the candidates has submitted, talk with them about the future of the club when you see them at the courts, come to the meeting and vote for those individuals you believe will best promote the ideals of the club's motto - "Fun, Friends and Fitness." Remember, your vote counts.

<b>President:</b>	Jack Warner Bill Treadway
<b>Vice President</b>	David Laird
<b>Treasurer:</b>	Kathy Goodall Charles Hagen
<b>Secretary:</b>	Judy Blackman
<b>Communications Director:</b>	Barb Patterson
<b>Player Development Director:</b>	Peg O'Toole Richard Bradley

**YOUR VOTE  
IS  
YOUR VOICE**



## Meet the Candidates

Note: the candidates are listed by position in alphabetical order.

### Bill Treadway - President



Our club has made great strides over this past year; in membership, in organization and in impact. Much of that progress has been a result of effective organization and leadership from the current Board. Nancy Grafton and the Board have shown leadership and improved organization in player development programs and organized Club activities. We need to continue that trajectory.

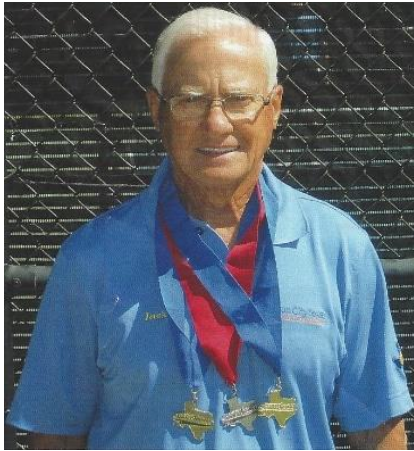
We can provide an environment that encourages player development and participation at all levels from newcomers to tournament players. We need to define the Club's needs based on our membership. We need to work successfully with the CA Board and the Developer. Given the growth of our sport and this Club, our ability to engage with and educate the Developer can produce significant benefits for our Club and for the Developer (who likes to sell new homes). A recent survey of residents in Sun City indicates that pickleball is the court sport (read activity) with the highest level of interest for all age groups, but especially in the age groups from 50 to 70 years of age. That means that the Developer has the incentive to listen if we define our needs realistically and present them effectively.

So why me? Well, first of all, I really enjoy pickleball. I enjoy the activity, the adrenalin and the camaraderie. The competition and the relationships that develop are a real benefit. Those relationships are a huge help to getting people who move here "into" this lifestyle. That's important.

What in my background would make me a good choice? I know how to lead and motivate. I know how to organize and manage projects...and I'm willing to do that for free! As an Army Officer in Vietnam, my teams helped and trained Vietnamese to defend themselves. I was decorated and promoted because of our success in those efforts. After Vietnam, I went back to college and completed my formal education with an MBA in Finance. I spent the next thirty-five years working in all aspects of financial institutions. Bank operations, investment management and commercial lending. I worked with local bankers in Texas, Oklahoma, Louisiana, Alabama and Mississippi to build their business, get their loans done and run their banks. Success in these areas was a direct result of my experience as a leader in the military.

Management is very important but, if your goal is accomplishing objectives through the efforts of others, leadership is crucial. I intend to bring that background to bear to achieve the objectives outlined above... if you decide to put me in that role.

## Jack Warner - President



I'm Jack and I have been playing pickleball for 5 years and I am a candidate for the President position for the Sun City Pickleball Club. There are challenges ahead for the club as our membership continues to grow. Plans and strategies must be presented to the Pulte Group and various committees before decisions are made without our input. The Queens development will only have 4 courts for the 2500 homes that are to be built. The Somerset development will begin in 2019 and it will be much larger than the Queens development. The Board needs help from the membership and must be open to ideas and suggestions that must be communicated to the Main Task Force.

In case you are interested, my entire career has been in the field of public and charter schools. I have a bachelor's degree with certification to teach in the elementary and secondary grades. My master's degree is in education and certification for Administration and Supervision. For my doctorate, I am certified

in School Administration. My experiences are: Classroom Teacher, Elementary School Principal, Assistant Superintendent for Curriculum and Personnel Management, and Superintendent of Schools.

School finance, school laws, state education statutes, employment contracts, insurance for facilities and personnel, federal and state requirements for special education students, interscholastic rules for sports, health and safety regulations are some of the major responsibilities as a Superintendent and Assistant Superintendent. To go along with the Important legal responsibilities, a successful administrator must have the ability to communicate with teachers, parents, students and the Board of Trustees.

All I can add to this is – See you on the courts and happy to be there.

## David Laird – Vice President



I am running for the position of Pickleball Club Vice-President because I enjoy playing the game and associating with other pickleball players. This is a way to contribute to the game and to the great people I have met on the courts. These friendships and relationships are especially important at this time of our lives.

I grew up in a military family and lived in a variety of locations and met people from different countries and states. As a career educator, I was a teacher, coach, and administrator in several school systems. This allowed me to be involved in student/adult learning, problem solving, mediation, and working with others to achieve common goals. After retiring, I worked as an independent educational consultant for the state of Texas for 10 years helping low performing schools improve with the goal of meeting state standards.

The reason I am running for Vice-President is that I enjoy being with pickleball players and I have a lot of fun playing the game. This is my way of saying “thank you” to the players and the game that have made my retirement a lot more fun than it would have been otherwise.

## Kathy Goodall - Treasurer



I graduated from Sam Houston State University with a BBA in Accounting. After college, I went to work for Tenneco in Houston in the natural gas division. During my 21 years with Tenneco, I worked in all areas of accounting and held many managerial positions. I have been Treasurer for a Women's Golf Association and Treasurer for approximately 15 years for small homeowners' association.

My husband, Gary and I have been married for 36 years. We met when my family moved to Houston when I was 12 years old and bought the house next door to his family. We have an 11-year-old Walker Coon Hound that we rescued when she was 6 months old. We lived in the Houston area until we moved to Sun City in 2014. I have only been playing pickleball for about a year. It is great exercise and I have met some wonderful people. I also enjoy golfing, snow skiing, duplicate bridge and mah jongg.

## Charlie Hagen – Treasurer



Here is a short list of my skills, experiences and talents that are relevant as a candidate for Treasurer of the Pickleball Association of Sun City Texas.

- 8 years experience as small business owner - creating accounting structure - establishing/maintaining customer/supplier/contractor accounts - playing suppliers/contractors - recording customer payments - filing required IRS and other government required reports and providing 1099s to contractors
- 2 years experience as treasurer (& board member) of a professional association
- 10 years experience as Naval Hospital CFO.
- Served our pickleball club as:
  - Instructor for 20 Beginners Mentoring program sessions
  - Instructor for 4 Skills & Drills with Simon sessions
  - Active member of several task forces - court utilization, court expansion
  - Beginner team coach for several tournaments
  - Assisted with court maintenance & repair
  - Assisted with several social events
- Recognized as Club Volunteer of the Month (along with Scott Brady) for June 2016

I look forward to continuing to support the growth and success of our Pickleball Club!





## **Judy Blackman – Secretary**

I was born and raised in Pittsburgh, PA. I started my career as a secretary and supervisor. After moving to Texas, I went into education and worked with the Copperas Cove Independent School District as Teacher, Assistant Principal, Principal and Elementary Curriculum Director. I have served on numerous committees and facilitated meetings.

My husband, Billy, and I moved to Sun City in December 2015. We joined the Pickleball Club and have enjoyed the camaraderie and friendships of the club. When Kim Stout, head of the Nominating Committee, asked if I would consider running for secretary, I told her, "yes."

## **Barb Patterson – Communications Director**



I became a convert to pickleball several years ago after noticing people setting up a portable pickleball net next to a tennis court where I was drilling with my team. I went over and asked what the net was and what they were doing. They plopped a paddle in my hand, explained what the "kitchen" was, and I soon became addicted to the sport we all love.

I moved to Sun City, TX from Kalamazoo, MI in the summer of 2015 my husband, Ken, and I retired. I currently serve as Tournament Director for the Pickleball Club's Spring and Fall tournaments. I also took over as Vice President for the club after Don Hayes left Sun City earlier this year, and I am the backup website administrator, when Kathy is out of town. In August 2016, I became a USAPA Ambassador for the North Austin, Texas area.

I serve as a Block Captain, as well as the website administrator for Neighborhood 48. I am an instructor for the SCTX Computer Club and currently teach their Facebook classes. When I'm not on the pickleball courts, I enjoy reading, movies and bragging about my one-year-old grandson. I believe that our current Communications Director, Kathy Carr, has done TOO good of a job, but I will do my best to try and fill her shoes!

## **Peg O'Toole – Director of Player Development**



As the current Director of Player Development, my responsibilities span several areas. My husband, Joe and I are the primary instructors for the Introduction to Pickleball class, which is conducted twice a month. In 2016 we totaled 169 attendees, 91 of whom have joined the Club. I provide oversight and help teach the Beginners' Mentoring Program. This year, we will have completed six 5-week sessions with a total participation of 82 players. I also volunteer to assist with Skills and Drills with Simon, which averages 18 participants each week. Lastly, I am responsible to manage the Club's 3 leagues, which are currently scheduled for Monday, Wednesday and Friday mornings by ability group. Among my future goals for the club is to develop both intermediate and advanced clinics.

I played tennis for 40+ years and pickleball for 5+ years. Before moving to Sun City, I was the USAPA Ambassador for North Atlanta, GA. There I promoted the game of Pickleball in Atlanta and started Pickleball in the YMCA system. Joe and I received the YMCA "Volunteer of the Year Award" and the "Be Greater Atlanta Award." We worked with two counties in Atlanta promoting the game at the Senior Golden Games, and we introduced the game to the Georgia Senior Olympics. I have attended numerous tennis camps which provided a good basis for my training knowledge, and I have organized, captained, and played in various leagues.

## **Richard Bradley – Director of Player Development**



My name is Richard Bradley. I am running for the board position of Player Development Director. I have been a member of the Pickleball club since the beginning. The more I played, the more excited I got about this sport. With my experience as a physical education teacher and athletic director, I used my organizing and developing methods of teaching and volunteered to teach beginners how to play pickleball.

I developed the training and was the first Training Director. The Training Director became a board member position and the name was changed to Player Development Director. I served as the Player Development Director for three years, 2012- 2015. The Pickleball By-Laws states a board member can only serve three consecutive years, so I could not continue in 2016.

As Player Development Director, I conducted not only the Beginner Training Program but developed the leagues as well. In league play, I listened to the players and have used both the round robin as well as the ladder league format of play.

I have three goals:

- # 1. To upgrade the Beginner Training.
- # 2. To add more Intermediate and Advanced Training as requested and needed.
- # 3. To select the best method of league play for those players that like more competition.



Chuck Flanagan

## From the Ambassador

By **Chuck Flanagan**

**Texas Central and South Central Pickleball Ambassador**

Last month the Cedar Park Recreation Center hosted the second largest pickleball tournament in Texas, the Cedar Park Pickleball Championships. This was their first USA Pickleball Association 'sanctioned' tournament and, by all accounts, it was a complete success. The fact that it was sanctioned was a major draw for many tournament players and competitors came from all over the region and as far away as Montana and Connecticut. The level of play was extraordinary with the 4.5 and 5.0 players battling it out in the 'open' division play on Saturday and Sunday.

What difference does 'sanctioning' make for a tournament? The biggest draw for seasoned tournament players is that they know that the tournament director (Tim Dean in this case) has committed himself and his staff to meet all the USAPA requirements to become sanctioned. One of the most important requirements of this process is that referees must be provided for all matches. Historically, this has been one of the more difficult tasks for directors who often rely on the players themselves to step forward and volunteer to help referee. Tim solved this problem by designating a referee coordinator for the entire tournament and hosting several referee clinics prior to the tournament. Local Cedar Park regulars and Sun City players participated in the clinics and then came out to support the tournament. Some of these volunteers did not play in the tournament but did referee all four days. Thank all of you who did!



**Toni Briggs refs a match at Cedar Park.**

Getting a pool of qualified referees is a major goal of the USAPA. We now have a process in place to train and officially certify referees. The process is currently in its infancy with only two certified referees east of the Rockies, but more are being trained every day. The total process is rather lengthy and not everyone will be interested in becoming certified. I have, however, had several people ask about more in-depth referee training and I am arranging to have a certified referee trainer conduct the three-hour classroom portion locally. If you'd like to get a better handle on the rules and learn how to referee, let me know and I'll add you to the list.

In case you're wondering how our Sun City folks did at the Cedar Park Championships, here are the results:

Men's 60-64  
Dave Stout/Jim Brown - Gold  
Don Hunt/Steve Timmons - Bronze

Men's 70 – 74  
Will Saunders/Tom Burkhardt - Gold

Women's 60-64  
Barb Patterson/Kathy Carr - Bronze

Mixed 60-64  
Dave Stout/Mary Perez - Gold

Mixed 65-69  
Chuck Flanagan/Margo Chase-Wells (CT) - Gold

Mixed 70+  
Joe Lish/Nancy Grafton - Bronze

By the way, if you'd like to read the latest copy of the USAPA Pickleball Magazine, just click on the following link. Among the benefits of becoming a USAPA member, is a free electronic edition of this quarterly publication. See what you think.

<https://www.joomag.com/magazine/pickleball-magazine-1-5/0349859001475158129?shorthttps://www.joomag.com/magazine/pickleball-magazine-1-5/0349859001475158129?short>

## How to Be a Terrible Pickleball Partner

By Barb Patterson

USAPA Ambassador for the North Austin, Texas Area

*Here are some tips and tricks to ensure that you don't win any popularity points (or many other points) on the Pickleball Court:*

1. **Stay quiet and don't communicate with your partner:** Be sure that you mainly use groans or exasperated sighs to convey your feelings about how your team is playing. Don't say "got it" or "mine" or "yours;" instead just assume that your partner can read your mind and will never misread your intentions.
2. **Be negative when you do talk:** When a ball goes between you and your partner, be sure to sigh loudly and say something like "this is why I never play mixed doubles" or "why didn't you go for that?" This will help provide a nice jolt of reality to your partner's self-esteem and get him/her tight and nervous for the next point.
3. **Run around like a maniac poaching every ball:** Hog as many balls as you possibly can. Run in front of your partner (who is lining up for an easy forehand volley), and smack the ball right into the net with your backhand. After you do this, just smile weakly. After all, he/she most likely would have missed that put-away, right?
4. **When your partner is in a funk, reinforce it whenever possible:** After a couple missed shots, when your partner does hit a winner, be sure to say something like "Finally....it's about time!" Or "I thought you'd never get your serve in." After failed shots, be sure to also use your body language (slumped shoulders and scowls are good for this) so your partner understands how disgusted you are with his/her play.
5. **Never, ever give your partner any praise or credit for success:** Even if your partner hits an awesome shot to give you an easy winner at the net, be sure just to take the glory for yourself. You wouldn't want him/her to get a big head with praise from you for a nice set-up shot, would you?
6. **Don't laugh or smile or indicate that you're having a good time:** This is serious business; we wouldn't want anyone to get the false impression that Pickleball is fun.
7. **Carry on with your negativity after the game too:** Be sure to half-heartedly fist or paddle bump with your opponents at the end of the match so they know how disgusted you are too. Have plenty of excuses on hand; wind is always a good one, so are physical injuries, a crummy paddle, the wrong kind of pickleball, etc. Also, make sure that everyone in the spectator area hears you berate your partner for all the mistakes that he/she made during the game.

*(Fortunately, we do NOT have these kinds of "terrible Pickleball partners" at Sun City, TX, but I've seen some players act like this in several other places I've played. If you just do the exact opposite of every tip that was listed here, you are sure to provide positivity and support for your partners on court and have fun at the same time!)*

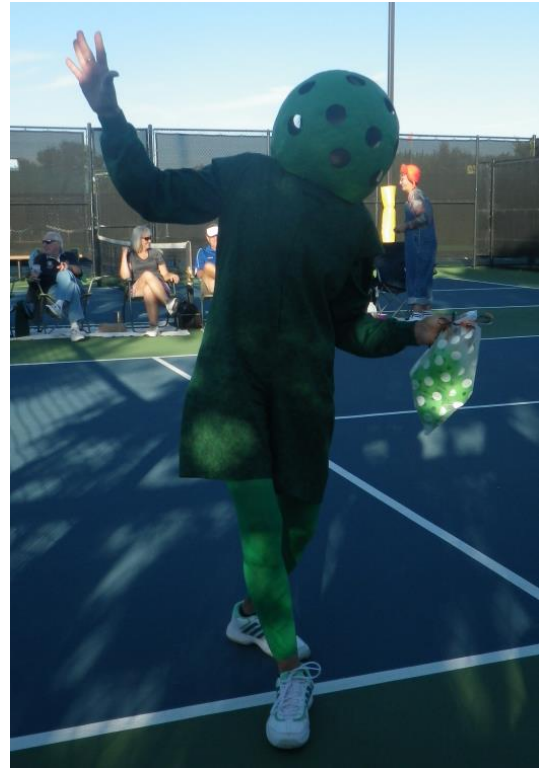


## Halloween Pickle"Ball" Was a Ball

Article and Photos by Sandy Piland and VA Miller; Additional Photos by Kathy Barras

The Halloween Pickle "Ball" social was held on Saturday October 8, 2016. There were approximately 70 attendees. The social committee consisted of Kim Stout, Sandy Piland, Sheri Brainard and VA Miller. They had the area very festive with orange and white lights, spider webs with spiders and an adorable direction sign made by Kim and Pat Hall. Charlie Hagen, Chuck Lindholm and Dave Ruggs went over to Cowan Creek Pavilion loaded, transported and set up the tables for our feast. Lee Miller donated his speakers, Mary Payne provided the music and Andrew Gray set it all up and kept it going all night. Thanks to all the people who helped set up and provided supplies.

The evening started with a pot luck dinner at 5 pm. After eating, everyone grabbed their chairs and moved onto Court 5 for door prize drawings and dancing. Balls were given out as prizes for best costumes. After that ticket numbers were called out for prizes and you had to be present to win. It really didn't pay to leave because the fun was about to begin. When the dancing began, it was easy to see that pickleball players have rhythm and quick feet. We had Texas two steppers, swing dancers, line dancers, disco dancers and Pocket even started a Congo Line and taught Joyce how to two step.





**More Photos from the Halloween Pickle"Ball"**





# Kitchen Talk – the Official Pickleball Newsletter of Sun City Texas





## Getting Ready for the Holidays



Sarah Wahlquist (right, front), leads a team of volunteers (Nancy Grafton, right, back; Barb Patterson, left, front and Pat Hall, left back) in a pickleball wreath building project for the holidays.

## Senior Health & Wellness

New York Post Tuesday, October 18, 2016 nypost.com



An article in last Tuesday's New York Post reveals pickleball has spread its tentacles across the country and captured the hearts of New Yorkers. If you'd like to read the article, click on [Pickleball Article in NY Post](#).

## They Really Do Work Hard



Current PASCT Board at a recent meeting. Pictured from left Gary Pinkston - Treasurer, Nancy Grafton - President, Barb Patterson – Vice President, VA Miller – Secretary, Kathy Carr – Communications, Peg O'Toole – Director of Player Development.





## Follow Up on October 2016 Volunteer of the Month

Historically, well at least over the last 2 years that we've had the program, we have recognized the contributions of those members who distinguish themselves with selfless service to the club. The club president presents the individual with an embroidered memento to highlight the occasion and we include an article about the person in Kitchen Talk. This article includes a brief biography from the individual.

In last month's Kitchen Talk we recognized Bob "Hutch" Hutchins as our October 2016 Volunteer of the Month. If you recall, Bob has supported the Beginners' Mentoring Program as a teacher, coach, referee and any other area in which we needed help. This summer, he initiated a call out to more than 60 graduates from the mentoring program to show up for open play on Mondays, Wednesdays and Thursdays. The response was outstanding and the informal program continues to grow as more players graduate from the mentoring program. During the winter hours, play starts at 5:30 pm on these days.

What last month's Kitchen Talk did not include was a bio from Bob. He was busy traveling throughout Europe with his wife, Victoria. Bob is now back so here is ...

### ...A Bit About Bob from Bob...

Hutch was born north of Texas (shhh, that means he's a Yankee), spending his formative years just a few blocks from "The Friendly Confines" of Wrigley Field (Go Cubs!). He began his college up north, but moved south to finish his education at Tulane with a doctoral degree in anatomy and neuroscience. His career brought him to Dallas where he spent the remainder of his professional life teaching and doing research for Baylor Dental School, TX A&M Univ. Health Science Center.



**Bob "Hutch" Hutchins is on the right.**

While in Dallas, Hutch met his future wife, Victoria, where they raised their family. They have 4 children and they are currently up to 7 grandkids. Hutch and his wife supported their kids (and now grandkids) while they tried their efforts at sports and although Hutch might have tried his hand at throwing a football, hitting a T-ball, or playing at racquetball, he has never spent any real time playing sports. The only other hobbies he has dabbled with are something he laughingly refers to as wood butchering and some efforts at broken stained glass.

As Hutch and his wife crept closer to retirement (anyone with joint issues understands this last reference), they began to consider what retirement really means. After looking at different options, Georgetown Sun City in 2009 offered the closest thing to a beautiful resort, close enough to see the grandkids, and with more activities than anyone could imagine. However, Pickleball wasn't initially one of those activities. Hutch's "older" sister (his sister will appreciate this endearing reference) introduced him to the sport. Hutch didn't initially understand how an oversized ping pong paddle and whiffle ball could become addicting (currently the FDA is considering whether to make pickleball only playable by prescription). However, Hutch has said that the most important thing about pickleball is that you get to play with some wonderful people and the enjoyment is contagious.