

How to Avoid Crashing on Gravel and Road Construction Zones

Loose gravel, rocks, and road debris

Many local roads are traversed by gravel trucks, making it certain that we encounter loose gravel, rocks, and road debris all too often. If riding in a group, the lead rider should always alert the group and then each rider should also call out the alert to ensure every rider is made aware. For riding on extended gravel roads, be sure you are in a bigger gear to minimize the chance of spinning and slipping.

Road construction zones

Based on the frequency of accidents within road construction zones, we urge you to avoid them completely. Construction cones are always troublesome, and these zones normally have gravel and other debris on the road. Construction equipment and workers may also be present. If you must ride through a construction zone, group riders should spread out a bit and properly communicate obstacles to following riders. Reduce speed.

Good bike handling skills can overcome many problems involving unsafe road conditions. We will address bike handling skills in a future Tip.