

ISSUE 6

N64 Monthly Newsletter The Neighborhood Buzz

AUGUST 2024







N64 AUGUST ACTIVITIES

At-A-Glance



MEN & WOMEN'S BOWLING EVERY SATURDAY

> WOMEN'S MAHJONG EVERY TUESDAY

MEN'S MAHJONG EVERY THURSDAY



N64 BASEBALL OUTING Dell Diamond ROUND ROCK SEPT 14

"WHERE'S WALDO?" (formerly the POP UP PARTY) NO AUGUST OR SEPT WALDO

MEN'S LUNCHEON JACK ALLEN'S KITCHEN 4TH THURSDAY, AUGUST 22

LADIES LUNCHEON WHISKEY CAKE KITCHEN & BAR 4TH THURSDAY, AUGUST 22



MEN'S POKER NIGHT 1st TUESDAY, AUGUST 6

WOMEN'S BOOKCLUB 2ND TUESDAY, AUGUST 13

MEN'S BOOKCLUB 2ND TUESDAY, AUGUST 13

VINE AND DINE
NO AUGUST V & D
3RD WEDNESDAY
SEPT 18, AT THE ANDERSONS



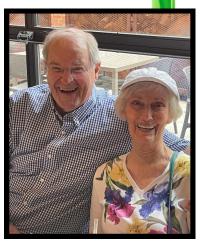


N64 WINE BROUP

OUT FOR THE EVENING

AT THE KORK

DOWNTOWN GEORGETOWN



Don Columbus & Sondra Cole

N64



The Neighborhood Wine Group



Stephen & Diane Klutz, Paul O'Malley



RAZERALL I KIL VI NETE NIVIJADI

on Saturday evening,
September 14th to watch the
Round Rock Express play the
Sacramento River Cats at Dell
Diamond, 3400 E Palm Valley Blvd.
Round Rock

Join your N64 neighbors

SAUE THE DATE!
SEPT 14th, 6 pm

Shaded seating, game starts at 7:15 pm.
Senior parking opens at 6 pm, \$13 per vehicle.
Phil Newberg will purchase
a block of tickets (minimum of 20) for all
wanting to attend



Please state when registering on the microsite if you can drive or would like a ride. Meet at Phil's house for carpooling

Meet at Phil's house for carpooling (212 Hobby Street).POC: Phil Newberg - 512-688-7525 pruddyduckl@sbcglobal.net Please register on the MICROSITE and give money (\$20 per person) to Phil Newberg by Sat, Sept Ist

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PET OF THE MONTH

From the home Carole Astbury

When you first meet Chandler you are immediately struck by two things: his friendly and affectionate nature and his steadfast devotion to Carole Astbury. Carole's undeniable kindness and warmth is a perfect match with her sweet and cuddly "teddy bear- like" dog, a 5 year old Cavalier King Charles Spaniel named Chandler.



Carole made a special
"eating mat" for Chandler.
It slows him down & makes
meal time lots of fun.

Chandler



Three years ago during Covid, Carole lost her dear Lady, also a Cavalier King Charles Spaniel. Lady had a long and wonderful 10 year life until she received an excruciating diagnosis of cancer. After a bout of pain and discomfort one night, Carole held Lady in her arms into the early morning while they awaited the opening of the veterinarian's office. Carole knew her beloved Lady was coming to the end of her life. As they sat together on Carole's back porch greeting the morning sun, she held her beloved pup in her comforting embrace as Lady peacefully took her last breath.

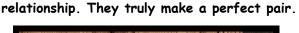
Shortly after that poignant and heartbreaking loss, Carole knew her life wouldn't be complete without a little dog to share it with. So she put her name on the Cavalier Rescue list and waited. In only a few months she got the call with a "match." When the family responded to her request to meet the dog, they said "the sooner the

better." Carole wasn't deterred. Most would have been nervous about a dog so eagerly re-homed, but Carole wasn't. She knew that if this pup was meant to be hers, she would know. As it turned out, Chandler, who was 2 years old then, was an absolute sweet soul from the start. His youthful energy and playfulness made him an imperfect fit for his first family, but that joyful spirit filled Carole's heart. She knew immediately that Chandler was who she needed in her life. She brought him back to Hobby Street and little Chandler filled her home with the sunshine and cheerfulness that had been taken away months before.

When visitors enter their home, Chandler wants to greet with licks and love but Carole has him fully responsive to her wishes. She gently asks him to stay in his space. He awaits with eyes wide open until Carole gives him the sign to greet. Chandler is clearly the product of a happy and loving home with rules and manners. To say the least, visiting Chandler's home is a true pleasure and a delightful experience.

Chandler was equally blessed to find Carole. She is an accomplished woman and an active and cherished member of the N64 community. Carole, a retired RN, has an impressive background in emergency, surgical, and corporate nursing. She moved to Sun City 7 years ago from the South Austin area after she retired. She is now one of N64's Microsite Editors and the #7 Block Captain. She remains involved in activities in Austin. Most notably, she is a member of a Meetup group with dozens of Cavalier King Charles Spaniels and their owners who gather regularly. This large tight knit community of people clearly love this very special breed. Carole is also involved with the Sun City Pet Club.

When asked how Chandler got his name, it was explained that his previous family were huge fans of the well known 90's sitcom, "Friends." One of the main characters in that show is named Chandler, hence how he got his name. This seems particularly appropriate because the lyrics in the show's opening tune are "I'll be there for you, ('cause you are there for me too.") These words wonderfully describe Carole and Chandler's relationship. They truly make a perfect pair





signal to come over and greet guests.





Ways to stay COOL and HEALTHY



FITNESS CENTER HOURS OF OPERATION

Monday - Friday:

6:30 a.m. - 8:30 p.m.

Saturday:

8:00 a.m. - 5:30 p.m.

Sunday:

10:00 a.m. - 5:30 p.m.



KID'S SUMMER SWIM
TIMES (AGES 4-15)

May 1st- September 30th
Outdoor Pools
11:00 AM- 1:00 PM

DON'T FORGET!

There are many yoga classes, strengthening workouts, stretches, etc. (easy to difficult) on the Sun City's website under FITNESS/FITNESS VIDEOS.

You can stay in the cool comfort of your living room while exercising!

CALL SOME FRIENDS OR

EXERCISE ON YOUR OWN.

Explore these

excellent videos to stay fit!



VETERANS NEWS

N64's MONTHLY UPDATE

From BUZZ Contributer
Dianne Klutz



This is a new addtion to The Buzz. Each month information related to the military will be presented, including helpful Veteran information, events, little known facts, and anything

else that sounds interesting

This month's topic is...drum roll please.



Veterans Benefit Assistance

Each Wednesday from 0900 to 1200, an American Legion Veteran Service Officer from Post 228 comes to the Sun City Social Center Lobby (outside the ballroom) to help folks with their VA claims. This is a free service that has helped many Sun City residents, me included, to receive benefits to which they didn't even know they were entitled.

So, if you're curious if your skin cancer or reflux or whatever could be service related, grab your DD 214, a cup of coffee, and head on up to the Social Center.

You might just be surprised!

A letter to my 0 0 Neighbors from Patti

"LOST HENRY"

Since Bill and I moved here last fall we have been continually touched and amazed by the level of love & compassion that lies within the homes of Neighborhood 64.

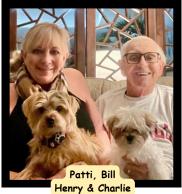
As Hurricane Beryl was approaching Texas this past month we had a watchful eye on the weather. Being from Florida we jumped into "hunker down" mode and began preparing our back porch and yard for upcoming conditions. After we finished we went inside and immediately noticed that our dog Henry and missing. Convinced he was in the backyard we called for him, tried luring him with treats, whistled

and begged for a response. But, to no avail. All we received was an eery silence. Charlie, our puppy, was running in circles as if trying to tell us something. All we could feel was panic. We asked ourselves, "Did we leave a door or gate open?!" Our worst fears felt like they were coming true.

Bill took off into the neighborhood in a mad search. I went to my phone and texted people in N64. Of course, my phone practically auto dialed Pete and Sherry Mertens. They appeared in their golf cart in the driveway within minutes and said confidently, "don't worry we will find him."

As tears poured down my face as every minute passed, I felt more helpless and frightened that our little pup had slipped away somehow. Without a thought, my fingers dialed Wanda McBee. She reassured me in her "Wanda calming way" that she would put out the word. I called Faline's house, then Augie's, then Rocket's, then Mac's. As I frantically drove around the neighborhood, I looked up and as if like magic people appeared in the streets yelling, "Heeennnreey." From every direction, a search party had emerged: a long line of golf carts, people in cars, others on foot, some on bicycles... all looking for our little dog.

Well, the end of this story is as happy as it is a bit embarrassing. After scouring the streets, we went back to the place we had last seen him: our back porch. Earlier we had been scooting furniture around and moving things back. Unbeknownst to us, Henry got trapped behind some couch pillows and a footstool and was unable to get out. As he listened to us shouting out his name



Troxell

repeatedly along with the loud neighborhood chorus, he also must have been touched that so many people cared. He didn't make a sound, however, as he struggled to get out of his predicament. This silent, stubborn behavior is very "Henry- like." A collective cheer came from our neighbors as we announced he was found. We celebrated with hugs and even shared some tears. Everyone knew we had been terrified. The comfort of understanding was so appreciated.

First of all, to all those who helped us look that evening , thank you for your efforts and also thank you for not rolling your eyes when we found him in our own back yard. To everyone who made phone calls, rallied the troops, and celebrated with us when it was over; my heart is filled with gratitude.

Bill and I have lived in some extraordinary places in our lifetimes, but we have discovered none as spectacular as here. The sincerity of the hearts within all of you which is displayed whenever someone is ill, or troubled, or scared or in need... is immeasurable. Thank you from the bottom of our hearts for so unselfishly caring about us, relative newcomers. We are ever so grateful to be here.

Neighborhood
Neighborhood
SHARES
SHARES
MEMORIES
MEMORIES
SEPTEMBER
BUZZ
TOPIC

Who was your favorite teacher or coach and why?

AUGUST BUZZ TOPIC

Memories of my favorite childhood summers by Karen Wiseman



Every summer I spent two weeks at my grandparents cabin in northern Michigan. The cabin was on just one of the 64,980 lakes found in Michigan. I loved jumping off the dock to swim, fishing for blue gill and rowing around the lake picking water lilies. I really enjoyed the short jaunt through woods looking for huckleberries and of course checking out the boys at the Boy Scout camp.

PLEASE SEND IN YOUR STORY FOR NEXT
MONTH'S BUZZ
at pattiN64buzz@icloud.com

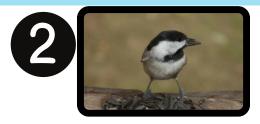




BITS & PIECES

NAME OUR BACKYARD BIRDS













SANDWICH HISTORY

August 6, 1762 the first-ever sandwich was created. It was named after John Montagu, the Earl of Sandwich, when he requested a dish involving meat between two pieces of bread. As the story goes, he requested it as he was in the middle of a gambling game and didn't want to interrupt it.

TEST YOUR SANDWICH KNOWLEDGE

- used to be called the Sandwich Islands.
 - a. Fiji b. Maldives c. Hawaii
- 2. There was a famous sandwich called the "Earth Sandwich made in 2020."

It measured at

- a. 7 feet wide b. 7,917 miles wide
 - c. 7 inches wide
- 3. People in the USA eat about sandwiches every day.

a. 300 million b.30 million c. 300,000

2024 RESIDENT SATISFACTION SURVEY **Overall Experience Rating** Areas for Improvement

Sun City conducted this recent survey.

A total of 3,780 residents participated. There is a 75-page report on the details of the results on the SC Website.

Most Liked about Sun City 1. Activities 4. Landscaping 2. Amenities 5. Safety 2. Additional restaurants 3. Manage the escalation of HOA dues **87**% 3. Community 4. Landscaping **Most used Amenities** 1 Fitness Centers 2 Meeting Rooms 3 Pavilions 4 Pools **Overall Experience Ratings by Department** 93% 92% 92% 92% 92% Lifestyle 91% 91% 90% 88% 82% 80% 15 20 25 30 35 40 45 50 55 60 65 70 75 80 85 90 95

Trivia questions

- 1. What is the world's largest mammal?
- 2. Which river is the longest in the world?
- 3. What is the name of Japan's currency?
 - 4. What was the Beatles' first single?
 - 5. What is a baby squirrel called?
- 6. What group recorded "Rock Around the Clock" in 1955?
 - 7. What was the name of the first satellite launched into space?
 - 8. Which ocean is the largest in the world?





N64 AUGUST ACTIVITIES

BOWLING FOR MEN AND WOMEN

Every Saturday Morning 10:00am Mel's Lonestar Lanes, 1010 N Austin Ave, Georgetown

NO REGISTRATION, Just come out to bowl Contact: Alan Anderson 915-204-0638

MEN'S BOOK CLUB

2nd Tuesday, August 13, 10:30AM-12:00PM
August book:The Wager by David Grann (2023)
Sept Book: Bewilderment by Richard Powers (2021)
Wear Nametags Please, Andice Room, CC
Contact: Pete Mertens 817-422-6366

WHERE'S WALDO?

(formerly the Pop-Up Party)
WALDO HAS FLOWN THE COOP
UNTIL THE WEATHER COOLS OFF!
NO AUGUST OR SEPTEMBER WALDO GATHERING
BE BACK IN OCTOBER
1st SUNDAY of EACH MONTH, 4-6pm
Contact: Diane Klutz 940-367-5225

WOMEN'S BOOK CLUB

2nd Tuesday, August 13, 7:00PM
August book:Between Earth & Sky, Amanda Skenendore
at Diane Klutz's Home, 204 Hobby
Sept Book: Someone Else's Shoes, JoJo Moyers
at Sondra Cole's Home, 111 Hobby
Contact: Sondra Cole 239-823-4704

WOMEN'S COFFEE

Every Monday 10:00am

Bring Coffee Cup and Snack, if you choose
No Registration Required, Wear Nametags
Contact: Vickie Herman 909-214-9067

MEN'S MAHJONG

Every Thursday, 1:00 -3:00 pm Registration Required, Wear Nametags Training is available, in advance New Contact: Mike Metzger 429-288-9126

WOMEN'S MAHJONG

Every Tuesday, 1:00 - 3:00 pm
Registration Required, Wear Nametags
Training is available, in advance
If new, notify Roz Nisenson
713-320-4141

August 5: Diane Klutz, 204 Hobby August 12: Susan Anderson, 237 Hobby August 19: Peggy Howard's home, 112 Hobby August 26: Marlene Diandra, 207 Hobby

August 1: Andice, Cowan Creek
August 8: Jarrell Room, Cowan Creek
August 15: Activity Center, Meeting Room 2
August 22: Andice, Cowan Creek
August 29: Andice, Cowan Creek

August 6: Andice Room, Cowan Creek August 13: Andice Room, Cowan Creek August 20: Walburg Room, Cowan Creek August 27: Walburg Room, Cowan Creek

MEN'S POKER

1st Tuesday, August 6, 7:00pm
Home of George Oliver: 108 Hobby
Limit 7, BYOB, \$10.00 buy-in. Registration Required
Wear Nametags, please.
Contact: George Oliver 303-882-7600

MEN'S LUNCH

4th Thursday, August 22, 11:30 am

JACK ALLEN'S KITCHEN, 2500 Hoppe Tr, Round Rock

Meet at Craig Wiseman's driveway

127 Hobby, at 11:00am

Registration required, Let Craig know if you need a

ride or can take riders 832-687-2882

VINE AND DINE

NO VINE AND DINE IN AUGUST

3rd Wednesday, 6:30 pm

September 21 Hosts: The Anderson's

237 Hobby Street,Bring Wine glass and snack to share

Contact: Susan or Alan Anderson 915-204-2359

WOMEN'S LUNCH

4th Thursday, August 22 11:30 am
WHISKEY CAKE KITCHEN AND BAR
2600 N IH 35 Service Road, Round Rock
Meet at Shelia Gottschalk's driveway
836 Hamilton, at 11:00am to carpool
Let Shelia know if you need a ride 913-240-6861

LAST BUT NOT LEAST





SPINACH AND BERRY SUMMER SALAD Healthy and Delicious

<u>Spinach</u>: Vitamin C, Iron, Calcium, Magnesium, and Potassium. <u>Strawberries</u>: Antioxidants, Vitamin C Manganese, Folate, and Potassium and a good source of fiber.

Blueberries: Antioxidants, Vitamin C, Vitamin K, Manganese, and a good source of fiber, and reduces blood pressure

Pecans: Healthy fats, and protein,
Calcium, Magnesium, and Potassium.
Feta cheese: a Greek brined white
cheese made from sheep's milk,
contains Vitamins A and K,
Folate, Iron and Magnesium.
It is lower in fat and calories
than most cheeses.

<u>Balsamic Glaze Salad Dressing</u>
Combine 1 cup of balsamic vinegar

tup of honey or brown sugar and cook it down on low heat.
 Consistency should be syrupy and thick. Cool and pour over salad prior to serving.

Apollo 11 Quiz Answers

from the JULY BUZZ

- 1.BUZZ ALDRIN
- 2. EAGLE
- 3. TRANQUILITY
- 4. MICHAEL COLLINS
- 5. COLUMBIA
- 6. 2 HOUR, 31 MINUTES

The Buzz Contributers
AUGUST 2024

Patti Troxell

Karen Wiseman

George Oliver

Carole Astbury

Rose Simone

Diane Klutz

BACKYARD BIRDS

- 1.Black-crested
 Titmouse
- 2. Carolina Chickadee
 - 3. Eastern Blue
 - 4. Blue Jay
- 5. White-winged Dove
- 6. Northern Cardinals (female left, male right)

TRIVIA ANSWERS

- 1. Blue Whale
- 2. The Nile
- 3. Yen
- 4. Love Me Do
- 5. A kitten or Kit
- Bill Haley and the Comets
- 7. Sputnik 1
- 8. The Pacific Ocean

Sandwich Knowledge Answers



(1) C. Hawaii

Hawaii was discovered by Europeans in 1778, and despite people living there already the Captain in charge of the voyage named it after the Earl of Sandwich, the head of the British Navy at the time. So it was basically an attempt to impress his boss! In the 1800s it was renamed Hawaii.

(2) B. 7,917 miles wide

In 2020, one man in New Zealand and one man in Spain made an "Earth sandwich" by placing bread on the ground, on the exact opposite side of the planet, at the exact same time. That means there was 7,917 miles of Earth packed between the slices. That became the biggest sandwich ever in history!

(3) A. 300 million

People in the USA eat about 300 million sandwiches every day — that's one a day for every American!

SEE Y'ALL NEXT MONTH!

USA Today 2024 most popular sandwich list

- 1. Grilled cheese
- 6. BLT 7. Club
- 11. Egg salad 12. Chicken Salad

Grilled chicken
 Turkey

4. Roast beef

- 8. Peanut butter & jelly
- 13. Meatball 14. Reuben

- 5. Ham
- 9. Pulled pork 10. Tuna

15. Cuban

