

# *Reset Mentoring has been helping youth for 10 years*

**W**omen Helping Others had the honor to be visited by the executive director and founder of Reset Mentoring, Lorie Goggin, and made a donation to the organization. The nonprofit was created 10 years ago and helps teens "reset" their lives after committing crimes or falling on hard times. The amazing organization works exclusively with Williamson County Juvenile Services.

The juveniles the group works with have their God-given talents, dreams and future. Reset has found that for them to succeed long-term "we need to walk alongside them in their next best step."

The teens are met where they are — whether that is when they are in placement or on probation — and begin to build relationships through weekly church services, letter writing, face to face mentoring, life skill classes and monthly fun days.

Building on the relationships developed in placement, Reset expands their services further by offering more extensive life skill classes, once a week teen nights and continual one on one mentoring. Assistance is also provided with job searches, academics and assisting with physical and emotional needs. Reset continues to assist with advanced life skills and planning for the next steps into adulthood. This includes teaching budgeting, home skills and help with documentations needed. They also provide help with the college application

## **WOMEN HELPING OTHERS**

**Anne Marshall**

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process, obtaining a GED and trade school programs.

In 2022, their team launched the Reset Resource Center, which serves as a safe space for their Community

Teens in Williamson County to come and learn new life skills, participate in Teen Nights, access basic needs such as canned goods, food or toiletries and provides daily access to trusted adults who can assist them in a time of need.

It also serves as a safe hang out space for mentors and their mentees to come play a round of pool, watch a movie together or even cook a meal in their fully stocked kitchen facility. Mentors work with teens who have been put on probation and young adults aging out of Foster Care to help them learn essential life-skills that will best equip them in taking their next best step into adulthood.

There are a multitude of different life skill classes that teens can register for throughout the year. Some of the classes offered include Red Cross first aid and CPR certification after attending a six hour instruction course taught by a Red Cross certified volunteer instructor. Meal Planning, Budgeting and Cooking which is a 6 week informational class led by two amazing volunteers. Teens will also obtain a food handler's certification during the duration of the course.

If you would like to become involved with this outstanding organization and would like to offer volunteer services, email [amanda@resetmentoring.org](mailto:amanda@resetmentoring.org).