



Kitchen Talk



Pickleball Association of Sun City Texas Newsletter

2015 PASCT Board Members

| | | | | | |
|----------------------------|------------------------------|----------------------------|------------------------|--|---------------------------------------|
| President Nancy Grafton | Vice President Judy Swain | Treasurer Gary Pinkston | Secretary VA Miller | Player Development Director Richard Bradley | Communications Director Kathy Carr |
|----------------------------|------------------------------|----------------------------|------------------------|--|---------------------------------------|

Volume 1, Issue 3

Fun, Friends and Fitness

March 1, 2015

From the "Prez"

By Nancy Grafton
PASCT President



Nancy Grafton

We've had some crazy weather during the month of February and pickleball players have tried to get some games in between the cold, the wind and the rain! When the weather just won't cooperate, Georgetown Recreation Center offers pickleball on Tuesdays and Thursdays from 10 am – 2 pm. If you are a Silver

Sneakers member, there is no charge. For everyone else, there is a \$3 fee.

I am happy to report that your Pickleball Board has appointed Judy Swain as Vice President for the remainder of 2015. If you see Judy, please thank her for volunteering for this position.

In addition to filling in when the President is not available for Board meetings, one of the vice president's responsibilities is tracking membership, both new and renewals. If you haven't renewed as yet (and 350 did renew by the February 1st) deadline, this will be the last issue of Kitchen Talk you will receive.

Kathy Carr has done a great job putting a club calendar together for the remainder of the year. At the last Board Workshop, we nailed down dates for the spring and fall tournaments and socials. Kathy will be updating the Pickleball Calendar as more events are added, so check the club's home page regularly to see what's going on.

A special thank you to all the volunteers who helped Stan Payne for 3 hours installing new windscreens on two of the courts, replacing tattered flags, and adjusting court signage. If you are using any of the club's "loaner" paddles, notice the new grips that were added. If you can now tell the time, humidity

and temperature on Courts 5 and 6, it was Stan and his volunteers at work.

Finally, at least for this edition, I wanted to emphasize safety on the pickleball courts. During the first week of February, accident reports were completed for three of our members involving fractured ribs, wrist, and foot injuries. Sometimes, in our exuberance to get that point, we forget that when we go down, we don't always get back up – at least right away.

Feel free to contact me with any suggestions you may have on improving your Pickleball Club at nancygrifton@sbcglobal.net.

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Great to Be on Board

By Judy Swain
PASCT Vice President

Hi, I'm Judy Swain, newly appointed Vice President of the Sun City Pickleball Club. I wanted to take a moment to introduce myself to the membership, and share a little bit about my background.

I am a retired educator having spent 35 years as a teacher and administrator in the Round Rock school district. My husband and I



Judy Swain
New PASCT Vice President

moved here 8 years ago and LOVE living in Sun City. I took up pickleball when I retired 3 years ago and absolutely love it. I have made many good friends through pickleball and think it is great exercise.

In addition to pickleball, I volunteer with the Assistance League of Georgetown, Line Dance, bowl with the Golden Rollers, and love to read. I look forward to serving on the Pickle Ball Board.

New Pickleball Club Microsite

By Kathy Carr
Communications Director

If you haven't gone out to visit the new pickleball microsite yet, get in front of that computer and discover the exciting capabilities we now have to communicate and conduct business. The site is chock full of current and relevant information for all club members from our newest beginners to our most seasoned tournament players.

To get to our home page, go to the Sun City web site at <https://www.sctexas.org>. Click on "Resident Login" and enter your member number and password. On the left side of the page click on "My Memberships" and then click on "Pickleball Club".

Once the home page comes up, you'll see it contains a cache of visual tools to help you get around the microsite. This article introduces you to them.

A **Navigation Bar** on the left enables you to scroll down a menu of topics that includes:

- Club Court Hours
- Rules and regulations
- Beginner Training Dates
- Instructions and Forms for Membership, Leagues, Tournaments and Socials
- Upcoming Tournament Calendar
- Board Minutes

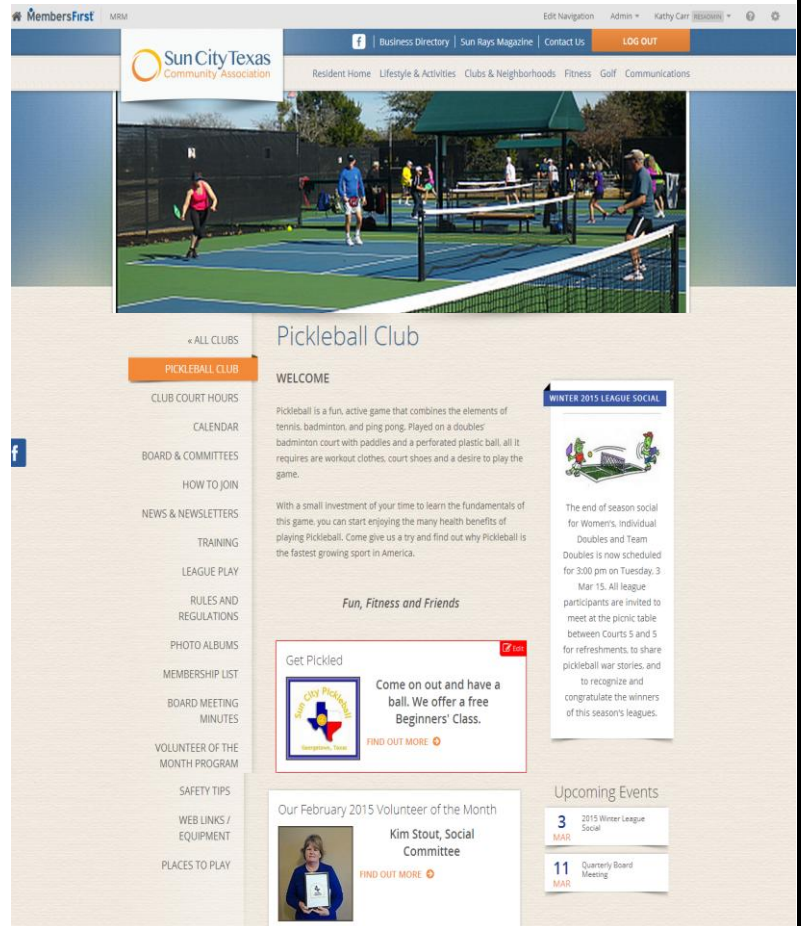
- Club Newsletters
- Safety Tips
- Volunteer of the Month
- Local Places to Play outside of Sun City
- Links to External Pickleball Web Sites

By clicking on **Calendar** on the navigation bar, you can access a monthly calendar and find out what's programmed to go on in the club from now until the end of the year. In the near future, we expect to be able to allow members to register for events such as socials, tournaments and leagues using the new micro site. It's as easy as clicking on an event on the calendar, and completing requested information on the reservation screen.

If you'd like to find out who else is in the club or look up the number or email address of a club member, just click on the **Membership List** on the navigation bar and scroll through until you find who you are trying to contact.

In the center of the home page, **Highlight Inserts** provide brief text announcements with a link to "Find Out More".

Callout Boxes with colored banners on the right side of the home page provide the capability to alert you of



Sun City Pickleball Club Home Page

schedule changes and cancellations as well as newly posted events and announcements.

An **Upcoming Events Section** on the bottom right side of the homepage lists calendar events that will occur within the next two weeks. By clicking on the event, a detailed description will appear.

The Club's historical collection of photos have been captured and can be accessed from the home page by clicking on **Photo Albums**.

As with a pair of new slippers, you will only begin to appreciate the newness and comfort of the new microsite if you try it.

Automation may be a good thing, but remember it started with Frankenstein. - Anonymous

Update Your Personal Profile on the Sun City Web Site

Before migrating to the new Sun City Web Site, our vice president had to manually input information for a new member into the club's micro site. More often than you'd think, information such as an individual's residence, phone number, and/or email address would change, and unless the vice president was made aware of the change, the list of current members

would become outdated and out of synch.

If and when the vice president was notified either by the individual or through a report sent by the CA, she would have to go through the arduous task of updating club records. It was a time consuming process as it required the vice president to compare two lists of personal

information each time to see what had changed.

The new website will help alleviate this burden. Information that is loaded on "My Profile" on your Resident Home Page will be the same information that is fed to all the clubs to which you belong. For this reason it is important that you keep your information current.

You can update your profile at any time, and if you want you can even add your photograph. Instructions on how to do this are listed in the box below with step by step illustrations.

Remember, your profile will be used for all email communication within the club as well as access to the members only portions of our microsite

How to Update Your Individual Profile on the Sun City Web Site

1. Go to <https://www.sctexas.org> and click on Resident Login (the orange button the banner picture).
2. Click on Resident Home (left navigation pane, top)
3. Click on My Profile
4. Click on Edit My Profile
5. Scroll down to update your Resident Profile – email address, primary home address, telephone numbers (note: must have a home phone number even if you use your cell phone), and click on SAVE DATA.
6. Click on Update or Edit Photo, and add any photo that you choose and have on your computer (This same picture will show up on all clubs to which you belong).
7. Scroll ALL the way down and click SAVE DATA.
8. You can elect to hide individual fields or all information from other residents by going to EDIT MY PREFERENCES and checking the appropriate boxes. Remember to save before exiting.

The screenshots illustrate the following steps:

1. Click on the **RESIDENT LOGIN** button in the top navigation bar.
2. Click on **RESIDENT HOME** in the left navigation pane.
3. Click on **My Profile** in the left navigation pane.
4. On the Resident Profile page, click on **EDIT MY PROFILE**, **EDIT MY PREFERENCES**, or **EDIT MY PHOTO**.
5. In the **Update Resident Profile** form, scroll down and click **Save Data**.
6. Click **Save Data** or **Reset** at the bottom of the form.

From the Ambassador

By Chuck Flanagan
North Austin Pickleball Ambassador



Chuck Flanagan

Last month I wrote about using the USA Pickleball Association's "Places to Play" website while traveling as a way to meet people, get some exercise, and to keep up your game. And, while this is a great resource, it's only one of many services provided by the national

association. So, this month I've decided to mention a few more of these, and to encourage you to join the USA Pickleball Association and help support the organization that supports our sport.

I've already mentioned the "Places to Play" website as one service the organization provides, however, there are several others that I've found particularly useful.

Tournament Calendar. All of the USAPA sanctioned tournaments are listed on the website with easily accessed links for detailed

information and registration. Speaking of tournaments, USAPA members automatically receive secondary medical insurance in all sanctioned tournaments (something we hope not to need).

Partner Search. Need a partner for a tournament? This section of the web site allows members to find and contact each other.

Education and Training. The USAPA website contains a wealth of training tips and videos to help improve your game skills and strategy.

However, I believe that the most important services that the USAPA provides are the indirect benefits we receive that are provided by the promotion of our sport through the ambassadors and start-up grants for new venues. Our sport, which was once a novelty, has become mainstream and we're seeing new venues pop up all over the country. Your membership in the organization will support these successes.

<http://www.usapa.org/usapa-membership/>

Will We Ever Know the Truth about Pickles?

Information gathered by Kathy Carr from the USAPA Web Site

We've all heard varying, but similar accounts on the history of pickleball. The USAPA web site offers this version. After playing golf one Saturday during the summer, Joel Pritchard, congressman from Washington State and Bill Bell, successful businessman, returned to Pritchard's home on Bainbridge Island, WA (near Seattle) to find their families sitting around with nothing to do. The property had an old badminton court so Pritchard and Bell dug up some badminton equipment and could not find a full set of rackets. They improvised and started playing with ping-pong paddles and a whiffle ball. At first they placed the net at badminton height of 60 inches and volleyed the ball over the net. As the weekend progressed, the players found that the ball bounced well on the asphalt surface and soon the net was lowered to 36 inches. The following weekend, Barney McCallum was introduced to the game at Pritchard's home. Soon, the three men created rules, relying heavily on badminton. They kept in mind the original purpose, which was to provide a game that the whole family could play together.



Accounts of how the name "pickleball" originated differ. According to Joel Pritchard's wife (Joan), she started calling the game pickleball because the combination of different sports reminded her of the pickle boat in crew where oarsmen were chosen from the leftovers of other boats. According to Barney McCallum, however, the game was officially named after the Pritchards' dog, Pickles, who would chase the ball and run off with it. Others claim both accounts may actually be true. In the early years, no official name was assigned to the game. However a year or two after the game was invented, the Pritchards purchased a cocker spaniel and named it Pickles. As the game progressed, an official name was needed and "pickleball" was it. One might conclude that the dog was named after the boat and the game was named after the dog...or was the game named after the boat and the dog named after the game. We may never know the real truth.

Sun City Tournament Players Clean House at Brazos Games

By Kathy Carr
Communications Director

A contingent of 19 pickleball players from Sun City Texas descended upon the Brazos Valley Senior Games at Bryan College Station 19 – 22 February 2015.

They cleaned house by claiming a total of 22 medals for the events and age groups in which they participated. Accumulatively, the group hauled home 3 Gold, 9 Silver and 10 Bronze medals. Hooah!

| Event | Age Group | Sun City Winner(s) | Medals |
|------------------------|-----------|-----------------------------------|------------|
| Men's Doubles | 60 – 64 | David Laird – Stan Payne | Bronze x 2 |
| | 65 – 69 | Chuck Flanagan | Bronze |
| | 70 – 74 | Joe Lish | Gold |
| | 70 - 74 | Larry Hudson – WR Helge | Silver x 2 |
| | 75 – 79 | Al Eyster – Jack Warner | Silver x 2 |
| Men's Singles | 75 – 79 | Al Eyster | Bronze |
| Mixed Doubles | 70 – 74 | Sandy Arico – WR Helge | Gold x 2 |
| | 70 - 74 | Pocket D'Haeselar – Joe Lish | Silver x 2 |
| | 70 - 74 | Larry Hudson | Bronze |
| Women's Doubles | 55 – 59 | Mary Payne – Kathy Carr | Bronze x 2 |
| | 70 – 74 | Pocket D'Haeselar – Nancy Grafton | Silver x 2 |
| | 70 – 74 | Sandy Arico – Joyce Caldwellader | Bronze x 2 |
| Women's Singles | 55 – 59 | Mary Payne | Silver |
| | 60 - 64 | Kathy Carr | Bronze |



All smiles from some of the Sun City Medal Winners at the Brazos Valley Senior Games (Joyce Caldwellader, Al Eyster, Chuck Flanagan, David Laird and Jack Warner not shown)



Joyce Caldwellader warms up



Bill Treadway and partner, Chuck pair up for Men's Doubles



Jack Warner takes a break with his wife, Dorothy



Chuck Flanagan takes the Bronze with his doubles partner

Now I've Heard Them All

Contributed by Walt Holt

A blonde woman was speeding down the road in her little red sports car and was pulled over by a woman police officer, who by pure circumstance happened also to be a blonde. The blonde cop asked to see the blonde driver's license. The blonde driver began digging through her purse, but was becoming progressively agitated. She finally asked, "What does it look like?"

The policewoman replied, "It's square and it has your picture on it." The blonde finally found a square mirror in her purse, looked at it, and handed it to the police woman. "Here it is," she said. The blonde officer looked at the mirror, then handed it back. "I didn't know you were a cop."



Winter League Finishes the Season

By Kathy Carr
PASCT Communications Director

This has been a winter pickleball season not to disappoint – if you're looking for cold, wet and just plain nasty. While scheduled to play for 7 weeks, Women's League experienced 3 weeks of cancellations. Individual Doubles fared a bit better with only a single week cancelled, and Team Doubles fell in between with two of the 7 weeks cancelled.



Mike Hausman tracks a high return in Division B Individual Doubles

Despite the weather, spirits remained high as people played when they could. Some won, others lost and an overall winner was declared for each league. Not that anyone was around to hear the declaration, the last matches of the season were cancelled due to.....wait for it..... inclement weather.



Cle Alexander and Peg O'Toole take on their competition in Individual Doubles

WINTER 2015 PICKLEBALL LEAGUES FIRST PLACE WINNERS

Women's League

Alice Hunt

Individual Doubles, Division A

David Stout

Individual Doubles, Division B, Group A

Jerry Fronczak

Individual Doubles, Division B, Group B

Cle Alexander

Team Doubles, Division A

David Stout and Jim Brown

Team Doubles, Division B

Al Panetta and Ken Conahan



Division B, Group A Individual Doubles pound it out.

The end of season social for all winter league players was rescheduled twice and then cancelled because of rain.

The latest plan is to recognize the achievements of the league winners at the opening ceremony of the 4th Annual Spring Tournament on March 28, 2015.



June Sewell is bundled up as she serves during winter leagues

A list of the top five finishers for each league is provided on the next page. A final rollup for all players in all leagues has been posted to the Club's microsite at [Winter 2015 Pickleball League Final Results](#).



Phil Corragio returns a serves and heads to the NVZ line



Alice Hunt and her partner serve up a storm. Oh no, it's the weather.

| Women's Division - Individual Doubles (Mondays, 3 PM) | | | | | | | | | | | |
|---|--------|--------|--------|-------|--------|--------|--------|--------------|----------------|-------------|-------|
| Name | 12-Jan | 19-Jan | 26-Jan | 2-Feb | 9-Feb | 16-Feb | 23-Feb | Total Points | % Total Points | Total Games | Place |
| A Hunt | Cancel | 27 | 30 | 33 | 31 | Cancel | Cancel | 121 | 92% | 9 | 1 |
| D Schultz | Cancel | 30 | 29 | 31 | 24 | Cancel | Cancel | 114 | 86% | 8 | 2 |
| C Thomas | Cancel | 26 | 33 | 24 | 29 | Cancel | Cancel | 112 | 85% | 9 | 3 |
| B Kincheloe | Cancel | 25 | 32 | 24 | 29 | Cancel | Cancel | 110 | 83% | 7 | 4 |
| B Hallmark | Cancel | 22 | 29 | 28 | 31 | Cancel | Cancel | 110 | 83% | 6 | 5 |
| Individual Doubles - Division A (Tuesdays, 2 PM) | | | | | | | | | | | |
| | 13-Jan | 20-Jan | 27-Jan | 3-Feb | 10-Feb | 17-Feb | 24-Feb | Total Points | % Total Points | Total Games | Place |
| D Stout | 33 | 26 | 33 | 33 | 30 | 33 | Cancel | 188 | 95% | 16 | 1 |
| C Flanagan | 33 | 24 | 25 | 28 | 33 | 33 | Cancel | 176 | 89% | 15 | 2 |
| J Lish | 30 | 33 | 25 | 20 | 32 | 29 | Cancel | 169 | 85% | 12 | 3 |
| WR Helge | 25 | 33 | 32 | 28 | 25 | 25 | Cancel | 168 | 85% | 12 | 4 |
| C Alexander | 20 | 26 | 32 | 33 | 22 | 23 | Cancel | 156 | 79% | 14 | 5 |
| Individual Doubles - Division B, Group A (Tuesdays, 1 PM) | | | | | | | | | | | |
| | 13-Jan | 20-Jan | 27-Jan | 3-Feb | 10-Feb | 17-Feb | 24-Feb | Total Points | % Total Points | Total Games | Place |
| J Franczak | 26 | 28 | 31 | 32 | 30 | 29 | Cancel | 176 | 85% | 12 | 1 |
| R Liedeker | 30 | 24 | 31 | 24 | 30 | 31 | Cancel | 170 | 86% | 13 | 2 |
| A Hunt | 24 | 33 | 29 | 23 | 26 | 26 | Cancel | 161 | 81% | 12 | 3 |
| T Duffee | 17 | 21 | 25 | 26 | 31 | 26 | Cancel | 146 | 74% | 10 | 4 |
| S Scholbohm | 22 | 17 | 19 | 19 | 26 | 17 | Cancel | 120 | 61% | 6 | 5 |
| Individual Doubles - Division B, Group B (Tuesdays, 1 PM) | | | | | | | | | | | |
| | 13-Jan | 20-Jan | 27-Jan | 3-Feb | 10-Feb | 17-Feb | 24-Feb | Total Points | % Total Points | Total Games | Place |
| C Alexander | 30 | 33 | 33 | 33 | 30 | 32 | Cancel | 191 | 96% | 16 | 1 |
| J Kabanek | 28 | 19 | 32 | 33 | 25 | 32 | Cancel | 169 | 85% | 8 | 2 |
| S Ruben | 23 | 33 | 20 | 25 | 29 | 32 | Cancel | 162 | 82% | 9 | 3 |
| W Bradley | 20 | 23 | 16 | 27 | 27 | 31 | Cancel | 144 | 73% | 7 | 4 |
| P O'Toole | 33 | 17 | 17 | 18 | 33 | 23 | Cancel | 141 | 71% | 11 | 5 |
| Team Doubles - Division A (Fridays, 2 PM) | | | | | | | | | | | |
| | 16-Jan | 23-Jan | 30-Jan | 6-Feb | 13-Feb | 20-Feb | 27-Feb | Total Points | % Total Points | Total Games | Place |
| D Stout/J Brown | 33 | Cancel | 33 | 33 | 30 | 19 | Cancel | 115 | 70% | 13 | 1 |
| C Flanagan/WR Helge | 30 | Cancel | 17 | 33 | 30 | 21 | Cancel | 101 | 61% | 10 | 2 |
| D Hunt/D Williams | 23 | Cancel | 30 | 14 | 16 | 29 | Cancel | 89 | 54% | 8 | 3 |
| P Straube/K Carr | 33 | Cancel | 31 | 7 | 24 | 27 | Cancel | 89 | 54% | 8 | 3 |
| L Hudson/J Lish | 7 | Cancel | 24 | 30 | 33 | 0 | Cancel | 87 | 66% | 7 | 4 |
| Team Doubles - Division B (Fridays, 1 PM) | | | | | | | | | | | |
| | 16-Jan | 23-Jan | 30-Jan | 6-Feb | 13-Feb | 20-Feb | 27-Feb | Total Points | % Total Points | Total Games | Place |
| A Panetta/K Conahan | 30 | Cancel | 26 | 23 | 33 | 26 | Cancel | 108 | 82% | 11 | 1 |
| F Kandel/S Ruben | 30 | Cancel | 7 | 33 | 33 | 33 | Cancel | 106 | 80% | 13 | 2 |
| J O'Toole/P'Otoole | 15 | Cancel | 33 | 6 | 33 | 20 | Cancel | 92 | 70% | 6 | 3 |
| R Bayne/G Leslie | 33 | Cancel | 30 | 23 | 15 | 33 | Cancel | 101 | 77% | 11 | 4 |
| R Barras/J Sewell | 1 | Cancel | 22 | 19 | 13 | 10 | Cancel | 64 | 65% | 0 | 5 |

Spring Leagues to Start

By Richard Bradley
Player Development Director

Registration for the Spring 2015 Pickleball Leagues continues to run through 13 March, 2015. There is a \$5.00 registration fee for each league. The money goes for club expenses and awards.

Registration may be done either by e-mail to the Club's Player Development Director, **Richard Bradley**, or the form given to one of the league committee member at the courts.

Committee members: Mike Hausman, Diana Pendleton, Grant Leslie and Sharon Campbell. Richard Bradley, Mike Hausman and Grant Leslie will have a box on their porches for fee deposits.

Women's Doubles

Games will be played at 3:00 pm on Mondays starting 23 March. This league is

scheduled to conclude on Monday, 4 May. Make up games due to inclement weather may be played if time permits. There is a maximum of 16 players in this league. The league format will be a round robin.

Individual Doubles

Games will be played on Tuesdays starting 24 March. Player assignments will dictate whether individuals are scheduled to start play at 1:00 or 2:00 pm. This league is scheduled to conclude on Tuesday, 5 May. Make up games due to inclement weather may be played if time permits. The league format will be a round robin.

There will be three divisions in this league: Division A: players rating themselves 3.5 and above; Division B:

players rating themselves 2.5 - 3.5, and Division C: players rating themselves 2.5 and below. There will be a maximum of 16 players in each league

Team Doubles

League may be played as a combination of two men, two women or one man and one woman. Games will be played on Fridays starting on 27 March. Player assignments will dictate

whether individuals are scheduled to start play at 1:00 or 2:00 pm. The league format will be a round robin. This league is scheduled to conclude on Friday, 8 May. Make up games due to inclement weather may be played if time permits.

There will be two divisions in this league: Division A: players rating themselves 3.5 and above; Division B, players rating themselves 2.5 -3.5. There will be a maximum of eight teams per division.



Jim Brown and David Stout take a break as they ready for Spring Leagues

Rally Scoring System Test Delayed

By Kathy Carr
PASCT Communications Director

Nancy Grafton, Club President, has been trying to schedule a test of the Rally Scoring System to determine its viability in helping to reduce court wait time during the upcoming busy months. Unfortunately, the weather has not cooperated.

We fully expect a break in the weather within the next week or two. As soon as we see a positive weather report for 3 sequential days, an eblast will go out to club members notifying them of the dates and times of the test.

All members are encouraged to come out

and experience Rally Scoring firsthand. See if it's right for the club and provide feedback to the board.

Under Rally Scoring, a game is played to 15 points. Each side gets a single service, as opposed to the two serves under the current system. If the serving team's score is an even number (e.g. 0, 2, 4), the person on the right serves; if the serving team's score is odd, then the person on the left serves.

Every time there is a serve, a point is scored. If

the serving side wins the rally, the serving side scores a point and the same server serves again from the alternate service court. If the receiving side wins the rally, the receiving side scores a point and wins the service.

This system is currently used in badminton and volleyball. It has also been employed on a limited basis in pickleball tournaments with a large number of registrants, but a small number of courts. It shows potential to reduce the amount of time required to play a game by 30-40%. This provides a faster throughput of players on the court, and consequently, reduces wait time for other players.



Rally Scoring may reduce player wait time.

The Board will provide details on how the test of the Rally Scoring System will be conducted in the next Pickleball Express. After the test, member input will be solicited before a decision is made whether and when to adopt this system.

Volunteer Spotlight

By Nancy Grafton
PASCT President

Stan Payne was recently recognized as the Sun City Pickleball Club Volunteer of the Month for March 2015.

It isn't a glamorous job and it doesn't pay anything, but it is one that has to get done. Stan Payne makes sure the court nets are the correct height, that the windscreens are serviceable and secure, and that the wind flags are in place. He cleans the courts of leaves, mud and dirt as needed and coordinates putting marking tape on the courts as required.

He maintains club maintenance supplies and creates and maintains signs around courts (e.g. Court usage, Club hours, and the AED). He also coordinates with the CA Maintenance Department on work they perform. This all happens behind the scenes, with no fanfare, and again, for no money. The only thing Stan asks in return for his service is that club members dispose of recyclable items in the Recycle Containers.

Stan recently led an effort to regrip 15 donated paddles that are stored under the benches at the pickleball courts for anyone to borrow and use. He coordinated with CA Maintenance to secure 3 new wind screens, directed volunteers to get them installed, and he's working to inventory and replenish supplies in the first aid kit. He also installed the new clock over at Courts 5 and 6.

And Stan plays pickleball. Last weekend, he and his partner, David Laird earned a bronze medal at the Brazos Valley Senior Games for Team Doubles.



Stan Payne, March 2015 Volunteer of the Month

In Stan's Own Words....

Mary and I moved into Sun City on Christmas Eve, 2004. It was a huge change for us, moving from a small ranch in Bastrop County, where we never saw neighbors. We were busy keeping cattle, mending fences, building barns, cattle pens, and a hundred other things that seem like the distant past now. We were both still working in Austin, so we had little time for hobbies. We did enjoy SCUBA diving when we took vacation and we hoped to do more traveling when we retired. We had a pool table at home, but we were too busy to ever take time to play a game.

Fast forward to today...

We are both retired from the high tech world; we now have tons of neighbors and friends that we see every day. We don't have acreage; we have a tiny yard that we don't even mow ourselves. I now get to shoot pool in the Billiards Club a couple of times a week, and I get to play PICKLEBALL!!!

I had no idea what Pickleball was. When someone described it to me, I thought it sounded like a simple, ho-hum game for a bunch of old folks, who can't move anymore. The Pickleball club has definitely shown me how wrong that image was. Now, I can't get enough of it. Mary and I have been playing Pickleball for over four years now. Our daily schedules now revolve around playing Pickleball and working with the club and its members, to do what we can, to help promote and improve our favorite sport.

We still plan some vacations for travel and SCUBA, but today, our near term vacations are planned around playing in Pickleball tournaments. What a hoot it is!

4th Annual Spring Tournament Happens 28 March 2015

By Mary Payne
Tournament Director

Objective: gain tournament experience, have fun and make new member friends. Come on out to Sun City's 4th Annual Pickleball Spring Team Tournament on Saturday, March 28, 2015. Whether you want to play, ref or just show up to cheer, we have a place for you. The theme will be countries of Europe (Spain, Italy, Sweden, etc). Teams are encouraged to coordinate their apparel!!

Check in at 8:30 am. There will be 15 teams, 3 mini tournaments, one for each of the three skill levels. Each team consists of 4 members selected by random draw. Round robin format: each team plays 4 matches. Match consists of best two out of three games to 11 points; must win by 2 points. Each team member plays in one game per round. Team decides who plays if game 3 is needed. Total points won will determine winners.

Coffee, juice, fruit & lunch will be provided. Bring your own drinks and lawn chairs (water and ice will be available). Parking will be at a premium; carpool and/or drive your golf cart if you have one! Tournament

Awards will be presented at a potluck social to winners for each of the three skill levels. Social will be held at Cowan Creek Georgetown/Florence room @ 5pm. Club will provide plates, bowls, utensils, and cups. Bring an appetizer, lite entrée or dessert to share. BYOB...water and ice will be provided.

Anyone who has questions or is interested in being a referee for the tournament should contact Mary Payne, Tournament Coordinator: 512.921.9830 or 1marypayne@gmail.com.

Player Profile

By Kathy Carr
PASCT Communications Director

Joe and Christina Torres are not your typical Sun City residents. They don't have the choice to sleep in every morning, nor do they have the option of playing pickleball whenever they feel like it.

These two hard working people get up before the crack of dawn Monday through Friday to transport priceless cargo throughout Travis County. They are responsible to maneuver a giant vehicle in rush hour traffic while attempting to keep children quiet and in their seats.

Joe drives a school bus for the Leander Independent School District, and Christina both drives and provides administrative support to the Director of Transportation for the Eanes Independent School District.

These folks didn't always drive school buses. For 10 years Joe and Christina owned and operated 5 comedy clubs in 4 different states. As a matter of fact, Christina jokes that if you ask to see her address book, it still has the names of some of the comics she's worked with – like Jay Leno.

When the economy took a nose dive, so did people's desire to go to the comedy clubs. For 14 years following, Joe worked as a mortgage broker and Christina was a banker. When they retired, they played a lot of tennis and spent time with the kids, but that just wasn't enough. They decided to try school bus driving where they lived in Oregon and discovered that they really liked it.

One day their daughter announced that she wanted to move to Austin, Texas. So



Christina and Joe Torres, Neighborhood 57

they packed up the car and drove her to Austin. Joe liked the area, and the next Spring Break they came back. Their decision to relocate was sealed.

They moved into an apartment in Lake Travis until they could decide where they would ultimately settle. Like most of us they looked at all sorts of houses and communities. Each time they looked, they were steered back to Sun City.

Joe and Christina moved into Neighborhood 57 in late May of 2014. Besides working all day, they did their own landscaping at night and on weekends. It might make one wonder where they found time for pickleball.

Former tennis players, these weekend warriors signed up for Beginner's Training in July. They played with the Beginners for a couple of weeks, but, in short term, were booted out by a mentor to "go play with the Intermediates". Though their busy schedules limited play to weekends, they continued to improve.

In December of last year, Joe signed the couple up for mixed doubles at the Brazos Valley Senior Games. Their response on why after only playing on weekends for 7 months they decided to go to a highly competitive tournament provides some insight on their character.

Christina describes Joe as a Type A, super competitive pickleball player. She was just dragged along. Joe says he just wanted to give it a whirl, play and have fun.

Did they have any regrets? Absolutely not. Christina reports that everyone at the tournament was friendly and

supportive. She said, "Whether you were playing with or against another team, the audience was cheering you on." She learned quickly to ask the referee two of the most important questions that can be asked in a pickleball tournament, "Am I standing on the right side?" and "Am I the right server?"

Joe admits he didn't like losing, but he was excited about winning their first game. He appreciated the guidance provided by the referees and really enjoyed seeing so many people from Sun City there. Looks like we have another set of satisfied Sun City customers.



Tactics and Techniques

This month, Tactics and Techniques presents the International Federation of Pickleball (IFP) Rating Descriptions. Revised in November 2012, these descriptions were developed to describe the differences among the various pickleball skill levels. Player ratings are then used to group players by ability levels so that they can compete in leagues or tournaments with other players of similar ability. The purpose of the rating descriptions is to improve a player's chances of having a more competitive and fun match.

Here in Sun City we operate under a self-rating system. You are encouraged to evaluate your individual skills against the IFP Rating Descriptions and determine your own rating. Validate your assessment by playing against individuals with a similar rating. If you consistently lose, then drop down a level until you feel ready to re compete at the higher level. If you consistently win, then it's time to cinch your belt and move up.

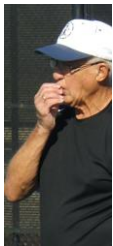
As registration for the Spring Leagues continues, take the time to evaluate your pickleball skills with a critical eye.

| IFP Rating Descriptions | |
|-------------------------|--|
| Rating | Rating Description |
| 1.0 | <ul style="list-style-type: none"> • New and have only minimal knowledge of the game and the rules. |
| 1.5 | <ul style="list-style-type: none"> • Limited to some rallies. • Learning how to serve. • Developing a forehand. • Fails to return easy balls frequently and occasionally misses the ball entirely. • Played a few games and is learning the court lines, scoring, and some basic rules of the game. |
| 2.0 | <ul style="list-style-type: none"> • Sustains a short rally with players of equal ability. • Demonstrating the basic shot strokes – forehand, backhand, volley, overhead and the serve, but has obvious weaknesses in most strokes. • Familiar with court positioning in doubles play. |
| 2.5 | <ul style="list-style-type: none"> • Makes longer lasting slow-paced rallies. • Makes most easy volleys and uses some backhands, but needs more work on developing shot strokes. • Beginning to approach the non-volley zone to hit volleys. • Aware of the “soft game.” • Knowledge of the rules has improved. • Court coverage is weak but improving. |
| 3.0 | <ul style="list-style-type: none"> • More consistent on the serve and service return and when returning medium-paced balls. • Demonstrates improved skills with all the basic shot strokes and shot placement but lacks control when trying for direction, depth, or power on their shots. • Beginning to attempt lobs and dinks with little success and doesn't fully understand when and why they should be used. |
| 3.5 | <ul style="list-style-type: none"> • Demonstrates improved stroke dependability with directional control on most medium-paced balls and some faster-paced balls. • Demonstrates improved control when trying for direction, depth and power on their shots. • Needs to develop variety with their shots. • Exhibits some aggressive net play. • Beginning to anticipate opponent's shots. • Learning about the importance of strategy and teamwork in doubles. |
| 4.0 | <ul style="list-style-type: none"> • Consistent and dependable strokes, including directional control and depth on both forehand and backhand shots. • Reliable serves, lobs, overheads, approach shots and volleys and can use spin shots with some success. • Occasionally can force errors when serving. • Rallies may be lost due to impatience. • Uses the dink shot and drop shots to slow down or change the pace of the game. • Demonstrates 3rd shot strategies – drop shots, lobs, and fast-paced ground strokes. • Aggressive net play and teamwork in doubles is evident. • Fully understands the rules of the game and can play by them. |
| 4.5 | <ul style="list-style-type: none"> • Beginning to master the use of power and spin, can successfully execute all shots, can control the depth of their shots, and can handle pace. • Beginning to master the dink shots and drop shots and their importance to the game. • Beginning to master 3rd shot choices. • Displays sound footwork and moves well enough to get to the non-volley zone whenever required. • Understands strategy and can adjust style of play and game plan according to the opponent's strengths and weaknesses and court position. |

| | |
|-----|--|
| | <ul style="list-style-type: none"> • Serves with power and accuracy and can also vary the speed and spin of the serve. • Understands the importance of “keeping the ball in play” and the effect of making errors. • Making good choices in shot selection. • Anticipates the opponent’s shots resulting in good court positioning. |
| 5.0 | <ul style="list-style-type: none"> • Mastered all the skills – all shot types, touch, spin, serves, with control and can use them as weapons. • Excellent shot anticipation, extremely accurate shot placement and regularly hit winning shots. • Forces opponents into making errors by “keeping the ball in play.” • Mastered the dink and drop shots. • Mastered the 3rd shot choices and strategies. • Uses soft shots, dinks and lobs to set up offensive situations. • Mastered pickleball strategies and can vary strategies and styles of play in competitive or tournament matches. • Dependable in stressful situations as in tournament match play. • Athletic ability, quickness, agility, and raw athleticism are also qualities that are sometimes what separates the top players from those near the top. |

Easter Egg Hunt

If you look around the courts carefully, you will see some of our club members out there practicing for Easter Egg Hunts. They are trying to be stealth, but we know better.



Hmmm. Where could they be?



You know, I think Asta the Wonder Dog took the chocolate ones and hid them in his stroller.



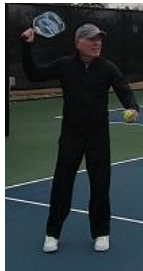
Here's one.



If we look up, everyone else will follow. Once their attention is diverted, we can get all the eggs.



Look over there. I see one.



Stay away. I found one and I'm not sharing .

Beginner's Pickleball Training

By Richard Bradley
Player Development Director

Beginner training classes for March are full. Class dates for next quarter are listed to the right and have been posted to the Club's micro site.

please advise them to contact the club's Player Development Director, Richard Bradley at rlbradley1963@aol.com to schedule a class.

If you know an individual, club or neighborhood that would like to learn how to play pickleball,



Beginner's Pickleball Training Schedule

| | | |
|----------------|-----------|----------------|
| April 18, 2015 | Saturday | 3:00 – 4:00 pm |
| April 22, 2015 | Wednesday | 3:00 – 4:30 pm |
| May 16, 2015 | Saturday | 8:00 – 9:30 am |
| May 20, 2015 | Wednesday | 8:00 – 9:30 am |
| May 23, 2015 | Saturday | 8:00 – 9:30 am |
| June 20, 2015 | Saturday | 8:00 – 9:30 am |
| June 27, 2015 | Saturday | 8:00 – 9:30 am |

Classes are held on Courts 5 and 6. Paddles, balls and instruction are provided by the club.

Upcoming Tournaments Outside Sun City

Here is a list of upcoming tournament information. It is only as accurate and current as the date and time it is brought to the editor's attention. If you are informed of any changes, please send an email to kathy.carr@gmail.com so the listing, which is also posted on the Club's micro site can be updated.

Arnold Classic Pickleball Tournament <http://arnoldsportsfestival.com/pickleball/>

- Format: 45+, Men's/Women's/Mixed Doubles & Singles, Age group
- Location: Buckeye Building, Columbus OH
- Cost: Registration Fee \$30 and \$10 per event, USAPA membership required
- Date(s): Mar 6-8
- Registration due: Mar 1 (<http://www.pickleballtournaments.com/welcome.pl?tid=363>)

Lancaster Pickleball Mania Tournament (info flyer & registration form posted to the Club's microsite)

- Format: 50+, Men's/Women's/Mixed Doubles, Age Group (Mar 13-14) AND Open Men's/Women's Doubles (Mar 15)
- Location: Lancaster Recreation Center, Lancaster TX
- Cost: Registration Fee + one event \$15 and \$5 per additional event (5 match guarantee)
- Date(s): Mar 13-15
- Registration due: March 9, 2015 (registration form posted to the Club's microsite – mail in registration, pay onsite the day you play)

Cedar Park Compass Tournament

- Format: Compass, 16 teams, high (3.5+) and low divisions, Doubles-team can be any combination of men and women.
- Location: Cedar Park Rec Center, Cedar Park (near Round Rock/Austin), TX
- Cost: \$25 per team, 4 matches guaranteed
- Date(s): May 9, 2015
- Registration due: usually fills up a month before (<http://www.cpsports.us/>) or call [512-401-5516](tel:512-401-5516)

Lewisville Open Age Tournament

- Format: Double Elimination, doubles - team can be any combination of men and women, 3 skill divisions: Recreational, Intermediate, and Competitive.
- Location: Herring Rec Center, Lewisville TX
- Cost: \$15 per player
- Date(s): Mar 26, 2015
- Registration due: Mar 16 (registration form posted to the Club's microsite; register on site or via mail)

2015 Texas State Senior Games (<http://www.tsga.org/>)

- Format: 50+, Men's/Women's/Mixed Doubles, Age Group
- Location: Mission Concepcion Sports Park, San Antonio, TX
- Cost: Registration Fee \$40 (register early save \$5) & \$8 per event
- Date(s): Apr 14-17, 2015
- Registration due: Final deadline Mar 17, 2015 (<https://texas.nsga.com/registration/271/>)

Georgetown Compass Tournament

- Format: 18+, Doubles tournament with a compass draw for all skill levels. Teams can be male, female and mixed, and all teams compete in one division.
- Location: Georgetown Recreation Center, Georgetown, TX
- Cost: Registration Fee \$25 per team
- Date(s): Apr 25, 2015 from 9:00 am – 5:00 pm
- Contact the Georgetown Recreation Center for more information at Tel: 512-930-3596.

Cedar Park Compass Tournament

- Format: Compass, 16 teams, high (3.5+) and low divisions, Doubles-team can be any combination of men and women.
- Location: Cedar Park Rec Center, Cedar Park (near Round Rock/Austin), TX
- Cost: \$25 per team, 4 matches guaranteed
- Date(s): May 9
- Registration due: usually fills up a month before (<http://www.cpsports.us/>) or call [512-401-5516](tel:512-401-5516)

Mid-South Regional Tournament (<http://www.usapa.org/wp-content/uploads/2014/12/MSR2015flyer.pdf>)

- Format: Men's/Women's/Mixed Doubles & Singles, Age Group & Open (4.5+) divisions
- Location: Monroe, LA
- Cost: Registration \$34 & \$10 per event, USAPA Membership Required, 3 match guarantee

Pre-Spring Spruce Up

We can't call it Spring Clean Up because it was too cold a day, so we'll go with Pre-Spring Spruce Up. On 15 February, Stan Payne led a group of rugged club volunteers to replace screens on two of the Club's courts. Great job by all.



The Lone Ranger and Tonto

Submitted by Walt Holt

The Lone Ranger and Tonto walked into a saloon and sat down to drink a beer.

After a few minutes, a big tall cowboy walked in and said "Who owns the big white horse outside?"
The Lone Ranger stood up, hitched his gun belt, and said "I do....why?"

The cowboy looked at the Lone Ranger and said, "I just thought you'd like to know that your horse is about dead outside!!"

The Lone Ranger and Tonto rushed outside and sure enough, Silver was ready to die from heat exhaustion. The Lone Ranger got the horse water and soon Silver was starting to feel a little better.

The Lone Ranger turned to Tonto and said, "Tonto, I want you to run around Silver and see if you can create enough of a breeze to make him start to feel better." Tonto said, "Sure, Kemosabe" and took off running circles around Silver.

Unable to do anything else but wait, the Lone Ranger returned to the saloon to finish his drink.

A few minutes later, another cowboy struts into the bar and asks, "Who owns that big white horse outside?" The Lone Ranger stands again, and claims, "I do, what's wrong with him this time?"

"Nothing, but you left your injin running!!"

