



Kitchen Talk



Pickleball Association of Sun City Texas Newsletter

2015 PASCT Board Members

President Nancy Grafton	Vice President Judy Swain	Treasurer Gary Pinkston	Secretary VA Miller	Player Development Director Richard Bradley	Communications Director Kathy Carr
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Volume 1, Issue 4

Fun, Friends and Fitness

April 1, 2015

4th Annual Spring Tournament Rated Most Excellent

By Kathy Carr
Communications Director

The objective was simple – to provide a venue where pickleball club members could gain tournament experience, have fun and make new member friends. Sun City's 4th Annual Pickleball Spring Team Tournament, held on March 28, 2015, accomplished this and more.

Whether folks wanted to play, coach, referee or just show up to cheer, there was a place for everyone. It was a beautiful sunny day, and the fact that this was the first time the tournament was held on a weekend proved a winner with residents who work during the week.

The theme for this year's event was "European

Countries." Players coordinated their apparel with colors of the countries they represented. Each player received a commemorative miniature pickleball to mark the event.

15 four member teams competed in one of three skill levels – Beginner, Intermediate and Advanced. In a round robin format, each team played 4 matches. Total points won determined the winners (see the article "And the Winners Are:" on page 2).

The Stacy Group graciously donated and hosted lunch for the players and their guests with barbeque sausage, chips, drinks and cookies.

An awards ceremony was held at the Cowan Creek Activity Center from 5-7 pm to recognize and congratulate the winners. Participants and their guests brought appetizers and dessert to share.

The success of this tournament is reflected in the flood of comments that came from the participants. A few are listed in the inset below this article. Pictures from the tournament have been posted to the Club's micro site.



Players receive initial instructions from Chuck Flanagan at the start of the 4th Annual Sun City Spring Tournament.

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Unsolicited Comments from Residents on the Spring Tournament

"Thank you for all of the hard work you put into our Spring Tournament. I thoroughly enjoyed the competition and camaraderie. I'm a new resident in Sun City and this tournament was truly a reflection on how caring and friendly this community is. My Ireland teammates were fantastic! It was a pleasure getting to know each one of them and playing alongside them. I look forward to many more tournaments and meeting many more Sun City residents". - Roger L. Cayer

"I was unable to participate but came and watched. Y'all should be very proud of how the tournament was run and how the participants handled themselves. Far better than other sporting events I participate in." - Jerry Sorsdal




"What a great day it was. Thanks to all for all the hard work." - Lois Gallagher




"Congratulations for another terrific tournament! You and your volunteers did an amazing job. A special shout out to the Stacy Group for providing the chow. I'm looking forward to the next gathering in the fall. In the meantime I'll keep practicing. - April Anson

And the Winners Are:

By Mary Payne
2015 Spring Pickleball Tournament Director

Here are the first and second place team winners for Sun City's 4th Annual Pickleball Spring Tournament. Congratulations to all who participated in this outstanding event and thanks to all the volunteers who made it happen.

1st Place Winners		
Division A 	Division B 	Division C 
Team Finland Will Saunders Larry Hudson Joel Kutnick Dave Larsen	Team Switzerland Phil Coraggio Dan Dick Ronnie Liedeker Peg O'Toole	Team Norway Donald Karl Virginia Laird Dayna Straube Sandra Piland

2nd Place Winners		
Division A 	Division B 	Division C 
Team Austria Keith Davis (replaced with Clark Grafton) Brad Duffy Steve Timmons Jack Warner	Team Germany Richard Bradley Grant Leslie Mary Ann Lish Christina Torres	Team Denmark April Anson Tom Duffe Karen Karl Cathy Stateler

Greetings from the President

By Nancy Grafton
PASCT President

In like a lion, out like a lamb! That's what the month of March brought for us "Picklers". Seems like we had to dodge ice, rain and wind to get in some decent playing time.

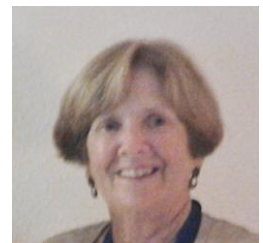
During the "down time" we experienced, members of your Pickleball Board were able to secure meetings with the Sun City Maintenance Department regarding replacement windscreens,

court repairs and upgrading the lighting on Courts 5 and 6. We also met with the Existing Amenities Committee to discuss improvements we would like to see made on Courts 1-6 with monies that will be allocated by Pulte over the next five years to the various clubs and interest groups of Sun City.

Each member of the Existing Amenities Committee was given a folder containing the

March issue of Kitchen Talk, as well as a list of amenities we would like to be considered from the funds that will be allocated. I've outlined the talking points that were included in their folders in the inset on the next page.

As always, feel free to contact me or any of our other board members with suggestions you may have on improving your Pickleball Club.



Nancy Grafton
PASCT President
nancygrifton@sbcglobal.net

Key Talking Points Presented to the Existing Amenities Committee

By Nancy Grafton
PASCT President

Since 2009, The Pickleball Association of Sun City Texas has grown to over 370 members, and until additional courts are added, we are attempting to maximize usage of the existing six courts. The Pickleball Board reached out to members at our Annual Meeting to find out what programs they would like to see offered, as well as what amenities would make their experience as Sun City residents and members of the Pickleball Club more rewarding.

As a result, the Pickleball Board has added/will add in 2015 more social events and more leagues, and is issuing a detailed monthly newsletter "Kitchen Talk" to keep our members more informed on local, state, and national pickleball news, (March copy attached), as well as the more abbreviated weekly "Pickleball Express". We will continue to offer Beginner, Intermediate and Advanced classes and mentoring programs that stress safety, sportsmanship, and the benefit of practice. In addition, we are testing new scoring methods to engage more players in a shorter period of time, thereby reducing the waiting time that occurs when 12+ members are waiting to play. We also recommend alternate pickleball locations when the weather is too cold, too hot, or too wet.

Several factors inhibit continual court usage throughout the day, however, with each comes a recommended solution.

Limiting Factors

- Certain hours experience a high number of players. The ability to use the Pickleball courts varies widely with the season because the courts are open and uncovered. Usable court time during the summer months is limited due to the extreme heat. The cooler mornings bring out more players from 7 - 11 A.M. After 11:00 A.M., temperatures on the uncovered courts typically exceed 95 degrees, and frequently exceed 100 degrees. The court temperatures do not reduce sufficiently until sometime after 6:30 p.m. The usable hours in the evening are from approximately 7:00 P.M. until 8:30 P.M. (darkness being the issue). Courts 5 and 6 do have lighting which will allow some extended play time but, again, these lights are not as effective as other court lights and so do not allow for safe play.
- During the Fall and Winter months, courts are usable from 9 A.M. to 5 P.M., but play may be curtailed due to cold weather in the morning and less daylight (after the time change), at which time there is not enough light to play safely. Again, the current lighting on courts 5 and 6 is not adequate, and safety becomes an issue.
- There is no shade over the seating area on court 5 to provide relief from the direct sun or the heat, or bushes to act as a windscreen.
- Accessibility of supplies. Club members currently store a variety of items such as supplies for league play, training, tournaments, decorations, and equipment used for social gatherings and meetings. These items were inventoried and we need to centralize their location and accessibility. The existing storage units that are on courts 2 and 3 are not sufficient for storage.
- Individual practice in developing consistent, repetitive skills. A ball machine would help all levels of players, but especially those new players who may have never played a racquet sport before to develop base level skills.
- There is currently only one shaded area and bench for players to rest, recuperate in, or retreat from the sun, when they are not playing, or to use for social events after leagues or tournaments.

Solutions:

- Some sort of shade, or court cover, that provides shade AND adequate ventilation would reduce on-court temperatures and greatly expand summer play times, and minimize exposure to UV Rays. Upgrade the lighting on courts 5 and 6; install lighting for courts 1-4.
- Upgrade the lighting on courts 5 and 6. Install lighting for courts 1-4.
- Plant shrubs (like the ones that proliferate outside court one and that provide a windscreen and partial shade), and install a cover over seating on court 5. Ideally, a cover over courts 5 and 6 and shrubs would resolve these issues as well.
- A larger storage unit to be placed in the Pickleball courts area.
- Availability of a ball machine during non-prime time.
- Add 2-3 additional picnic tables in the treed area between courts 4 and 5. These picnic tables would benefit not only players and spectators, but residents and guests strolling through the area.

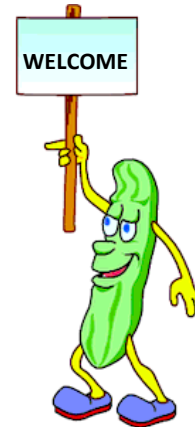
Introducing Our New Picklees (Members)

Judy Swain
PASCT Vice President

Yeah, we finally reconciled our membership lists between the old and new Sun City web based systems. We currently have 370 active members in the club. Here are our new members who joined the Pickleball Club over the last two months. Please welcome them when you see them on the courts. If they're wearing a hat, look for the little green pickle on it. They've been pickled – that is, they were sent a welcome letter from our club president along with a hat pit pickle to recognize their new membership.

February 2015 New Members

Don Atherton	Dianna Delay	Donald Kaminky
Janet Atherton	Pat Gallagher	Darby Lannom
Krista Bruno	Sallie Geneva	Charlie Pybus
Pat Clarabut	Stephen Geneva	Susan Pybus
Jim Truho	Cathy Scroggins	Wayne Scroggins
Linda Swafford		



March 2015 New Members

Roger Cayer
Linda Gilchriest
Kathleen Grebb
Robert Munsell
Larry Peters
Valli Welch

“Courtesy costs nothing, but reaps everything.”

Hazrat Ali Ibn-e-Abu-Talib A.S.

Court Courtesy

These are the PASCT rules of conduct regarding court courtesy. Please observe them and correct those who don't.

- All players and spectators must behave in a courteous and civil manner.
- Proper clothing and tennis shoes with non-marking soles must be worn at all times.
- No loud, offensive or profane language is to be used on the courts.
- No glass containers, skating or pets are allowed inside the court enclosures.
- Keep courts clean – dispose of papers, empty bottles, etc. in appropriate trash or recycle containers.
- Firearms or weapons of any kind are not permitted within the court enclosures, or in the areas immediately surrounding the courts.
- If a ball is hit into the next court, call “ball in court” loudly so that other teams will stop play, preventing injury.
- Players should come to the net to discuss scoring or ruling conflicts.
- Use of the International Federation of Pickleball Rulebook is encouraged for all players.

p.s. Though not listed as an official rule, if you are the last one to leave the courts, please take a look around and help police the area. If you see trash on the courts, pick it up. If you notice the gray plastic containers under the benches at Courts 2 and 5 are open, please close them. They contain loaner paddles, which will become damaged with wet weather.

What's not to love? Good food, good company, good times. Sign up for the first ever Pickleball Club Shrimp Boil before April 21, 2015 or before all the tickets are gone.



Shrimp Boil

Saturday, May 9th

Legacy Pavilion

5:30 p.m.

BYOB

\$5.00 per person

Make checks payable to SCTXCA

Please fill out the registration form below and put your check/cash and registration form in an envelope and drop off at 103 Crepe Myrtle (Patti Ayer's house, a box will be by her front door) no later than April 20th! Only room for 200 so you **better hurry!**

Member's
Name: _____ Phone # _____

Are you bringing a guest? yes _____ no _____

Guest
Name: _____

My Story as a Mentor and a Mentee

By Kathy Carr
Sun City Pickleball Player

A mentor is someone who teaches or gives advice to a less experienced person. I know because I've been mentored by the best in Sun City. I will forever be thankful to those who have helped me grow, and am obliged to pay it forward as a volunteer mentor to other members of our Club.

Before moving to Sun City two years ago, I thought I knew how to play pickleball. After all, I had traveled to many an RV park throughout Texas, New Mexico and Arizona, where I was able to find pickup games, and more times than not actually win.

Then I moved here. Even before unpacking the boxes, I headed to the courts to show off my skills and teach these Sun City people a thing or two about the game. In less than 5 minutes I was humbled.

The first Sun City player I met (no lie) was a guy named Chuck Flanagan. He was waiting on the courts for his doubles partner, Larry Hudson, so they could run some drills in preparation for an upcoming tournament. I asked if I could play with them for a few minutes, and they agreed. Needless to say, they beat me handily with this quirky little shot they called a "dink," and taught me that aside from being able to keep score and hit the ball real hard, I didn't know the first thing about pickleball.

The next time I went to the courts I came across Mary Perez and Sandy Arico.

They were kind enough to let me join them for a couple of games, while they waited for their regular partners to show up. After repeatedly slamming the ball into the net, I insisted the net was too high. Mary Perez walked me over to the storage cabinet, where we retrieved a ruler and measured the net. It was right where it belonged – 34 inches in the middle and 36 inches on both sides.

Mentor



"How lovely that everyone, great and small, can make their contribution...how we can always, always give something, even if it is only kindness." Anne Frank

Sun City Pickleball Club Mentor Volunteers

Larry Black	Toni Briggs	Simone de Verteul	Joe O'Toole
Paul Straube	Diana Pendleton	Randy Bayne	Peg O'Toole
Chuck Lindholm	Lydia Pierce	Walt Holt	David Laird
Gary Pinkston	Nancy Grafton	Bill Treadway	V.A. Miller
Sara Wahlquist	Don Hayes	Jeri-Lynn Sandusky	Kathy Carr
Peg O'Toole	Darlene Clopton	Mary Payne	

If you'd like to volunteer to be a mentor, contact Mary Payne at 1marypayne@gmail.com.

I had now graduated from being humbled to being humiliated. We continued to play. Mary was unmerciful with a perfect "lob" that went into the clouds and consistently landed in the back of the court. Sandy was equally evil with a back handed "half-volley" that caught the far side of the NVZ three times in a row, and left me staring in disbelief. I thanked them for the opportunity and went home with my tail between my legs.

It's said that the third time is the charm. I headed to the courts again. I put my paddle in the rack and dutifully waited my turn to play. This time I was paired against Mary Payne and her husband, Stan.

Mary was having trouble with her serve that day, so I felt compelled to give her some tips on how to fix it. I'm not sure if the advice helped, but Mary is my doubles partner now, and it is a rare day that her serve does not go in the intended box. She also has what I call a "signature shot" that puts the ball out of reach of the best players.

After those early days, Joe Lish took me under his wing and taught me a lot about pickleball strategy – things like where to stand, learning your opponent, the third shot, anticipating out balls, reducing unforced errors and his favorite, of which he is the master, poaching. He took me through buckets and buckets of balls as we drilled on the placement of shots.

Joe introduced me to my first real tournament in College Station last year, where we won a Silver medal in mixed doubles. Since then, I've played in 4 tournaments and am qualified for the national senior games in Minneapolis this summer in doubles, mixed doubles and singles. A group of us is practicing for the nationals under the mentorship of Chuck Flanagan.

Am I a great pickleball player? No, I'm still a hacker with a lot of heart. Am I better than I was when I moved to Sun City? Absolutely. Do I owe this improvement to all the Sun City players who have served as mentors to me through actions and words? You betcha.

From the Ambassador

By Chuck Flanagan
North Austin Pickleball Ambassador



Chuck Flanagan

A few weeks ago, one of our members asked me a question about the source of our rules. This was not a specific rule interpretation question but rather, 'why are we playing under IFP rules and not USAPA?' If you'll look at an official rule book, you'll see that it's an International Federation of Pickleball rule book and doesn't mention the USA Pickleball Association.

Well, in 2010, interested parties decided that it was time for pickleball to start thinking globally and take actions to help our sport's recognition and growth.

Here's an explanation taken directly from the IFP constitution (<http://ipickleball.org/>).

Wise Policeman Submitted by VA Miller

Two policemen call the station on the radio.

"Hello. Is that you Sarge?"

"Yes?"

"We have a case here. A woman shot her husband for stepping on the floor she just mopped clean."

"Have you arrested the woman?"

"No sir. The floor is still wet."



"The Sport of Pickleball was invented in the summer of 1965 by Joel Pritchard and Bill Bell of Bainbridge Island, Washington USA. In 1984, the United States Pickleball Association (USAPA) was organized to perpetuate the growth and advancement of Pickleball on a national level." The first rule book was published by the USAPA in March, 1984.

Since 1965, the sport has grown in popularity and organized competitions at the state and national level have emerged. Additionally, several countries around the world have started their own clubs and are engaged in building their national organizations. The first National Open Pickleball Competition was conducted at Surprise, Arizona in 2009. In early 2010, a committee was formed to advance the concept of an International Federation of Pickleball (IFP)."

The current IFP member countries are: Canada, India, Spain, and the United States. Admittedly, the USAPA is the largest organization among the members but others are growing rapidly. As an example, check out the places to play in Canada (on the USPA web site) and look at the great tour/play opportunities being offered (<http://vivapickleballtours.com/>).

As you can see, the IFP and USAPA are doing all we can to expand our sport and provide more playing opportunities around the world, both for our members and all the future pickleball players who've yet to discover the joys of standing around the kitchen.

If you're not yet a USAPA member, please think about joining and help us spread the word about our great sport.



Oops, They Did It Again

By Kathy Carr
Communications Director

Yep, they did it again. Several of our Sun City players went up to Lancaster, Texas on 13-15 March to participate in the Lancaster Pickleball Mania Tournament. Once again, they

brought home some gold, silver and bronze. Format for the tournament was 50+ Men, Women and Mixed Doubles played by

age group, as well as Open Men and Women Doubles. Although this is the first time Lancaster sponsored a pickleball tournament, many of our players gave it high

grades and would recommend participation by other club members next year.

Our winners are listed below. You will have to ask them to show you the pictures.

Sun City Winners Lancaster Pickleball Mania Tournament

<u>NAME</u>	<u>EVENT</u>	<u>MEDAL</u>
Pocket D'haeseleer	Doubles	Gold
	Mixed Doubles	Gold
Don Hunt	Mixed	Gold
Joe Lish	Doubles	Gold
Dorinda Williams	Mixed Doubles	Gold
	Doubles	Gold
Larry Hudson	Doubles	Bronze
David Stout	Mixed	Bronze
Jack Warner	Doubles	Silver

Attention Sun City Tournament Players: your picture could have been here if you sent it to Kathy Carr for inclusion in our newsletter.

The Blondes Are Back

Contributed by Walt Holt

Two bowling teams, one of all blondes and one of all brunettes, charter a double-decker bus for a weekend trip to Louisiana. The brunette team rode on the bottom of the bus and the blonde team rode on the top level.

The brunette team down below really whooped it up, having a great time, when one of them realized she hadn't heard anything from the blondes upstairs. She decided to go up and investigate.

When the brunette reached the top, she found all the blondes in fear, staring straight ahead at the road, clutching the seats in front of them with white knuckles ...

The brunette asked, "What the heck's going on up here? We're having a great time downstairs!"

One of the blondes looked up at her, swallowed hard and whispered ...

"YEAH, SURE, YOU'VE GOT A DRIVER."



Compass Tournament at Cedar Park in May

By Kathy Carr
Communications Director

Cedar Park Recreation Center will sponsor a Compass Tournament on Saturday, May 9, 2015. Cost is \$25.00 for each two person team. A team can be any combination of men and women.

Whether you are a highly skilled or lower level player, this is a great opportunity to

meet and play against folks within your ability group from throughout the Central Texas area. If you don't have a partner, no worries. The Recreation Center staff will help you find one.

The tournament will have two divisions (a high division and low division) with 16 teams in each division.

High Division = players self-rated at 3.5 and above (A & B level players), and the Low Division = self-rated players at 2.5 to 3.5 (C & B level players).

Every team is guaranteed 4 matches. One match = best 2 out of 3 games. Play will be conducted on 6 courts.

If you are interested playing in this tournament, you can register on line at <http://www.cpsports.us/> or call (512) 401-5516. For more information, call or email Tim Dean at tim.dean@cedarparktexas.gov

Additional tournaments coming up in this area are listed on page 15 of this newsletter.



Here Kitty Kitty

Contributed by Walt Holt

A cat gets hit by a golf cart in Sun City and dies. God meets him at the gate and says, "You have been a good cat all of these years. Anything you desire is yours, all you have to do is ask."

The cat says, "Well, I lived all my life with a poor family on a farm and had to sleep on hardwood floors."

God says, "Say no more." And instantly, a fluffy pillow appears.

A few days later, 6 mice are killed in a tragic accident and they go to Heaven. God meets them at the gate with the same offer that He made the cat.

The mice said, "All our lives we've had to run. Cats, dogs and even women with brooms have chased us. If we could only have a pair of roller skates, we wouldn't have to run anymore."

God says, "Say no more." And instantly, each mouse is fitted with a beautiful pairs of tiny roller skates.

About a week later, God decides to check and see how the cat is doing. The cat is sound asleep on his new pillow. God gently wakes him and asks, "How are you doing? Are you happy here?"

The cat yawns and stretches and says, "Oh, I've never been happier in my life. And those Meals on Wheels you've been sending over are the best!"



Volunteer Spotlight – Mary Payne

By Nancy Grafton
PASCT President

Mary Payne was recently presented the PASCT Volunteer of the Month Award for April 2015 for her service as tournament director for Sun City's 4th Annual Spring Team Tournament. Due to her outstanding leadership efforts, the key objectives of this event were achieved: to enable club members to gain tournament experience, have fun and make new member friends.

Whether individuals wanted to play, ref or just show up to cheer, Mary found a place for them. She assigned countries of Europe (Spain, Italy, Sweden, etc. as the tournament theme, and encouraged teams to coordinate their apparel for the event. Her enthusiasm was infectious as everyone got into the spirit of the games.

Mary coordinated with the Social Committee to ensure coffee, juice, fruit and water were provided and that lunch was donated by the Stacy Group. She orchestrated the efforts of other volunteers (including referees, registration personnel, beverage and food handlers, photographer) to ensure the success of this great event.



Nancy Grafton congratulates Mary Payne on her selection as Volunteer of the Month for April 2015

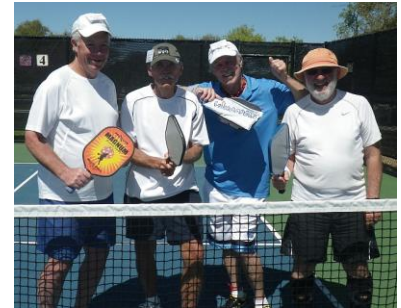
Biography

Mary Payne is not new to volunteering in support of the Pickleball Club. She served as our club secretary in 2013 and 2014. She and her team of volunteers have coordinated two club tournaments over the last 4 years – both outstanding and unprecedented in organization.

For those that have taken the introduction (Beginner's) training, Mary started the beginner's mentoring program to help them improve their knowledge of the game and further develop their skills so they can make an easier transition into club open play time. She also helps her husband, Stan Payne, with court maintenance.

Mary and Stan moved to Sun City in December of 2004. She enjoys taking aerobic classes, plays tennis, is a member of the country western dance club and of course PICKLEBALL!

Mary also attended the Brazos Valley Senior Games and earned silver in singles and bronze in doubles with her partner. As a result of her performance at last year's Texas State Senior Games, she is now qualified for the National Senior Games in Minneapolis, MN and will be headed there in July to compete in mixed doubles, doubles and singles.



Player Profile

By Kathy Carr
Communications Director

If you don't see Bob and Janie Bartz at the pickleball courts, head on over to the woodshop. Dollars to donuts, that's where you'll find them. I just happened to be over there the other day and asked about being assigned a mentor so I could learn how to make toys for tots. The monitor at the woodshop immediately referred me to Janie.

Originally from Wausau, Wisconsin, Janie is retired from her accounting position with North Central Technical College. Bob is a jack of all trades, having worked a variety of professions including car sales, general maintenance for a child day care center, service writer, and even a builder of living quarters for horse trailers.

The couple developed their passion for woodworking after Bob decided to quit smoking. He replaced his habit with a new vice – collecting tools. The collection of tools led to having to do something with

them, so they learned how to do fret work on wood. Fret work is using a scroll saw to create an interlaced decorative design in wood. Janie found it to be a great stress reliever from work.

Bob and Janie used their self-taught skills to create Christmas decorations and intricate overlays on mirrors. For 13 years they sold their handiwork at craft shows. Unfortunately, as technology improved, their handmade designs were eventually being mass produced and they could no longer compete with larger businesses. What once was a labor of love that provided a little pocket change is now a hobby that they do just for fun. I am privileged to have visited Bob and Janie's house and seen some of the beautiful fret work Janie has done as well as the incredible furniture that Bob has produced. I noticed when I was over at the woodshop the other day, one of Janie's pieces was in the display box.



Janie (center) in between games at the 4th Annual Spring Tournament

After retiring, Bob and Janie courted the idea of living full time in their 35 foot travel trailer. They left Wisconsin and headed just north of Dallas, where they have a daughter, grandson and two great grandchildren. They also have another daughter who plans on moving to Austin from Indianapolis with her family.

One day they visited the Austin area and stayed at the New Life RV Park. Janie remembers it well. It was a rainy Sunday, so they decided to visit Sun City. The last facility they were shown on the tour was the woodshop. That was it; they were sold hook, line and sinker.

When asked how they got into pickleball, Janie replied that they were approached by a neighbor across the street, who asked if they had ever tried the game. He invited them to a lesson, and just like the woodshop, they were hooked. They like the game for the fun, the exercise and the opportunity they've had to meet many people and make lots of friends.

Janie, who suffers from mild MS sometimes struggles with



Bob Bartz on the attack.

the heat, but really appreciates the exercise. As a Beginner, she says the Mentor Program has been a great help. Though still recovering from a spill during the Spring Tournament, Janie is signed up for both Women's and Individual Team Doubles Leagues.

Bob also plays in the Leagues. Oftentimes you'll also catch him over on the Beginner's courts offering advice to some of our newer players.

Local family, woodshop and pickleball. What's not to love? Janie says the only thing that could make it better is more pickleball courts.



Janie and Bob Bartz

An Alternate Pickleball Rating System

In our Tactics and Techniques section last month we presented the International Federation of Pickleball (IFP) Rating Descriptions. If you found it too detailed or just didn't have time to read it, here is a quick alternative you can use to determine your pickleball rating. Although intended to be humorous, it's really not too far off the mark. Thanks to Dave Larson for his submission.

How to Determine Your Pickleball Rating

When you don't have to think about which shot to hit, you just naturally hit it, you are a 5.0.

When you don't have to think about which shot to hit, but you can't successfully hit it 2000 times in a row, you are a 4.5.

When you have to think about which shot to hit, and when you figure it out, you successfully hit it, you are a 4.0.

When you have to think about which shot to hit, but then still hit the wrong shot, you are a 3.5.

When you have to think about which shot to hit, but by the time you decide on the correct shot, it's too late to hit it, so you just go with trying to get it back over the net, you are a 3.0.

When you don't bother thinking about which shot to hit, and most of the time don't hit it in the court anyhow, you are a 2.5 and guaranteed to be having a lot of fun.

Beginner's Pickleball Training

By Richard Bradley
Player Development Director

Class dates for the calendar quarter ending in June are listed to the right and have been posted to the Club's micro site.

If you know an individual, club or neighborhood that would like to learn how to play pickleball, please advise them to contact

the club's Player Development Director, Richard Bradley at rbradley1963@aol.com to schedule a class.



Beginner's Pickleball Training Schedule

April 18, 2015	Saturday	3:00 – 4:00 pm
April 22, 2015	Wednesday	3:00 – 4:30 pm
May 16, 2015	Saturday	8:00 – 9:30 am
May 20, 2015	Wednesday	8:00 – 9:30 am
May 23, 2015	Saturday	8:00 – 9:30 am
June 20, 2015	Saturday	8:00 – 9:30 am
June 27, 2015	Saturday	8:00 – 9:30 am

Classes are held on Courts 5 and 6. Paddles, balls and instruction are provided by the club.

Upcoming Tournaments Outside Sun City

Here is a list of upcoming tournament information. It is only as accurate and current as the date and time it is brought to the editor's attention. If you are informed of any changes, please send an email to kathy.carr@gmail.com so the listing, which is also posted on the Club's micro site, can be updated.

Georgetown Compass Tournament

- Format: 18+, Doubles tournament with a compass draw for all skill levels. Teams can be male, female and mixed, and all teams compete in one division.
- Location: Georgetown Recreation Center, Georgetown, TX
- Cost: Registration Fee \$25 per team
- Date(s): Apr 25, 2015 from 9:00 am – 5:00 pm
- Contact the Georgetown Recreation Center for more information at Tel: 512-930-3596.

2015 Texas State Senior Games (<http://www.tsga.org/>)

- Format: 50+, Men's/Women's/Mixed Doubles, Age Group
- Location: Mission Concepcion Sports Park, San Antonio, TX
- Cost: Registration Fee \$40 (register early save \$5) & \$8 per event
- Date(s): Apr 14-17, 2015
- Registration due: Final deadline was Mar 17, 2015 (<https://texas.nsga.com/registration/271/>)

Cedar Park Compass Tournament

- Format: Compass, 16 teams, high (3.5+) and low divisions, Doubles-team can be any combination of men and women.
- Location: Cedar Park Rec Center, Cedar Park (near Round Rock/Austin), TX
- Cost: \$25 per team, 4 matches guaranteed
- Date(s): May 9
- Registration due: usually fills up a month before (<http://www.cpsports.us/>) or call [512-401-5516](tel:512-401-5516)

Mid-South Regional Tournament (<http://www.usapa.org/wp-content/uploads/2014/12/MSR2015flyer.pdf>)

- Format: Men's/Women's/Mixed Doubles & Singles, Age Group & Open (4.5+) divisions
- Location: Monroe, LA
- Cost: Registration \$34 & \$10 per event, USAPA Membership Required, 3 match guarantee
- Date(s): May 28-31, 2015
- Registration due: May 5, 2015 (www.pickleballtournaments.com)

Sun City Spring Leagues Are Underway

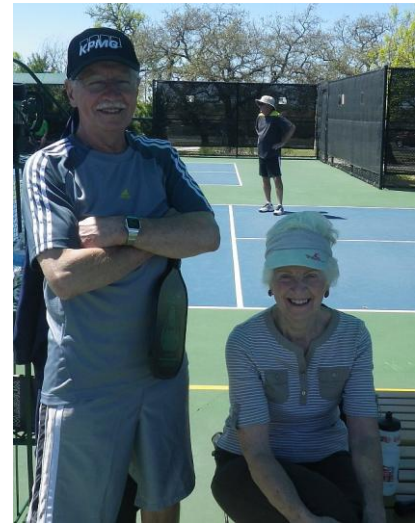
By Kathy Carr
PASCT Communications Director

It appears the spell of nasty weather that plagued us during the Winter Leagues has been broken. The Sun City Spring Leagues began last week with nothing but sunshine.

A recap of the results and current standings after Week 1 are listed on the next three pages. Pictures from Team Doubles last Tuesday provided on this page.



Jim Martucci and Nancy Grafton fearlessly take on Steve Timmons and Will Saunders in Division A Team Doubles.



Nancy Grafton's sister and brother-in-law show support as they visit Sun City.



Spectators pack the stands during Division B Team Doubles



Team Purple – Dana Straube and Toni Briggs bring style to the courts. They won all three games in Division B Team Doubles this week.



Dave Larson, Don Hunt, Gary Pinkston and Fred Kandel wait to play Division A Team Doubles.



Richard Bradley, Player Development Director and League Coordinator looking forward to another great season.



Bill Treadway stands at the ready as his partner, Kathy Carr appears to be watching a game on another court.



Paul Straube and Davey Stateler discuss strategy during play with Al Eyster and Phil Corragio in Division B Team Doubles.

Kitchen Talk – the Official Pickleball Newsletter of Sun City Texas

Women's Division - Individual Doubles (Mondays, 3 PM)

Name	23-Mar	30-Mar	6-Apr	13-Apr	20-Apr	27-Apr	4-May	Total Points	% Points	Games Won	Place
T Roberts	29							29	88%	2	2
L Niedermeier	31							31	94%	2	1
C Thomas	22							22	67%	2	7
M Augustine	16							16	48%	0	8
J Scholbohm	27							27	82%	2	3
J Bartz	24							24	73%	2	5
S Piland	23							23	70%	2	6
L Swafford	8							8	24%	0	10
L Pierce	25							25	76%	2	4
T Briggs	25							25	76%	2	4
C Stateler	29							29	88%	2	2
B Brookhouse	13							13	39%	0	9

Individual Doubles - Division C (Tuesdays, 1 PM)

	24-Mar	31-Mar	7-Apr	14-Apr	21-Apr	28-Apr	5-May	Total Points	% Points	Games Won	Place
S Scholbohm	18							18	55%	0	5
B Crist	27							27	82%	2	3
B Bartz	27							27	82%	2	3
L Peters	30							30	91%	2	2
M McCracken	21							21	64%	1	4
D Brown	19							19	58%	1	5
J Bartz	13							13	39%	1	6
K Phipps	33							33	100%	3	1

Individual Doubles - Division B (Tuesdays, 1 PM)

	24-Mar	31-Mar	7-Apr	14-Apr	21-Apr	28-Apr	5-May	Total Points	% Points	Games Won	Place
J Sewell	29							29	88%	2	2
G Eppinger	27							27	82%	2	4
T Roberts	16							16	48%	0	7
W Bradley	29							29	88%	2	2
J Scott	26							26	79%	2	5
J Minze	19							19	58%	0	6
B Holmes	31							31	94%	2	1
R Liedecker	28							28	85%	2	3

Individual Doubles - Division B (Tuesdays, 2 PM)

	24-Mar	31-Mar	7-Apr	14-Apr	21-Apr	28-Apr	5-May	Total Points	% Points	Games Won	Place
J O'Toole	23							23	70%	1	6
J Kabanek	27							27	82%	1	3
R Bayne	33							33	100%	3	1
D Stateler	27							27	82%	1	3
A Eyster	23							23	70%	1	6
C Grafton	17							17	52%	1	7
C Alexander	33							33	100%	3	1
G Leslie	25							25	76%	1	4
Peg O'Toole	24							24	73%	2	5
Cindy Kaminky	11							11	33%	0	8
Phil Coraggio	23							23	70%	2	6
Jim Martucci	30							30	91%	2	2

Kitchen Talk – the Official Pickleball Newsletter of Sun City Texas

Individual Doubles - Division A (Tuesdays, 3 PM)											
Name	24-Mar	31-Mar	7-Apr	14-Apr	21-Apr	28-Apr	5-May	Ttl Points	% Points	Games Won	Place
J Kutnick	28							28	85%	1	3
Jim Martucci	29							29	88%	1	2
C Alexander	33							33	100%	3	1
C Vanderpoel	27							27	82%	0	4
D Laird	21							21	64%	1	8
K Carr	19							19	58%	1	10
S Timmons	33							33	100%	3	1
J Warner	23							23	70%	1	7
WR Helge	20							20	61%	1	9
J Lish	33							33	100%	3	1
J Fronczak	26							26	79%	1	5
B Chambers	21							21	64%	1	8
M Hausman	11							11	33%	0	11
S Payne	23							23	70%	2	7
M Payne	25							25	76%	2	6
D Stout	29							29	88%	2	2
Team Doubles - Division B (Fridays at 1 & 2 PM)											
	27-Mar	3-Apr	10-Apr	17-Apr	24-Apr	1-May	8-May	Ttl Points	% Points	Games Won	Place
W Bradley/R Liedecker	33							33	100%	3	1
D Blair/B Powell	22							22	67%	0	5
G Leslie/J Martucci	33							33	100%	3	1
J Wickens/K Phipps	15							15	45%	0	6
B Holmes/D Lannom	6							6	18%	0	10
K Conahan/A Panetta	33							33	100%	3	1
R Cayer/R Bradley	12							12	36%	0	7
R Bayne/C Grafton	32							32	97%	3	2
T Roberts/D Dick	33							33	100%	3	1
J Minze/M Barnes	9							9	27%	0	8
A Eyster/P Coraggio	28							28	85%	0	4
P Straube/D Stateler	33							33	100%	3	1
S & J Scholbohm	8							8	24%	0	9
J & P O'Toole	33							33	100%	3	1
T Briggs/D Staube	33							33	100%	3	1
M Martin/B Chambers	5							5	15%	0	11
Team Doubles - Division A (Fridays at 3 & 4 PM)											
	27-Mar	3-Apr	10-Apr	17-Apr	24-Apr	1-May	8-May	Ttl Points	% Points	Games Won	Place
G Pinkston/F Kandel	6							6	18%	0	11
J Kutnick/D Laird	33							33	100%	3	1
K Carr/B Treadway	30							30	91%	2	3
C Grafton/B Chalmers	22							22	67%	1	8
S Timmons/W Saunders	27							27	82%	2	4
J Martucci/N Grafton	15							15	45%	1	9
D Larson/D Hunt	24							24	73%	1	7
L Hudson/C Flanagan	25							25	76%	2	6
J Warner/G Leslie	26							26	79%	1	5
S & M Payne	32							32	97%	2	2
WR Helge/J Lish	33							33	100%	3	1
J Fronczak/R Liedecker	11							11	33%	0	10

