



# VOLUNTEERS OF THE MONTH

*Nominated by Kathy Carr*

Joyce Rickman, Rick Rickman, Colleen Nadolski, and Pete Nadolski are recognized as the Club's January 2021 Volunteers of the Month for their support and contributions to the Club's Beginner's Mentoring and Novice Supervised Play Programs. As coaches they conduct warm up drills, evaluate and provide feedback on player performance and provide guidance to reinforce the players' understanding of the rules, scoring and court positioning. This month they additionally presented an overview of the USA Pickleball 2021 rules changes and supervised drills for the new provisional drop serve.

## Rick and Joyce Rickman - January 2021



*Club President, Ed Cahill (center), presents January 2021 VOM awards to Rick and Joyce Rickman.*

We are honored by the presentation of this award, but have to admit, working with the club's training program is fun, not a chore.

We both grew up in Arizona but lived all over the country before Rick's retirement in late 2017. We chose Sun City for our twelfth, and final, home to be close to our son and his family in the Houston area, and to take advantage of year-round outdoor activities. Our plan was to play a lot of golf and maybe hit the fitness center a few times a week.

That changed in the Spring of 2018, when we

decided to check out the Introduction to Pickleball class and found our new favorite activity. We still play golf regularly, but pickleball has taken over as our primary activity.

We got involved with the Novice Play program when we saw how the pandemic was making it hard for new players to get started in the game we have come to enjoy so much. It turned out that we enjoy helping with the training program almost as much as playing ourselves.

The Sun City Pickleball Club has an outstanding training program that we are pleased to be a small part of.



*"Volunteer!?" I thought you said,  
"I'll bring the beer!"*



# VOLUNTEERS OF THE MONTH

*Nominated by Kathy Carr*

## Pete and Colleen Nadolski - January 2021



*Pete and Colleen Nadolski humbly showing off their medals.*

### About Pete Nadolski

We moved to Texas from Vermont about 10 years ago. After retiring we started playing pickleball about 19 months ago in Cedar Park as we awaited an opportunity to participate in the Introduction to Pickleball lessons offered in Sun City. We found ourselves in Kathy Carr's beginner class a year and a half ago.

I retired after a 30-year career in the Information Technology sector. My assignments were varied and included communication engineer, disaster recovery manager, project management and customer service manager. I retired from IBM in 2017 and the US Army in 1996.

My physical education teachers always told me that I do not have an athletic bone in my body, and experience has shown it to be true! I enjoy hiking, camping, Firewise, trail maintenance, square dancing (still learning my right from my left), and, of course, pickleball.

### About Colleen Nadolski

I am an Adult Nurse Practitioner having had the opportunity to work in a variety of specialties including Ortho, Cardiology, Pain management, and, most recently, as a Geriatric PCP at Baylor Scott and White where I've served as a consultant for evaluation and management of persons with dementia and as a faculty member teaching providers and staff professional relationship centered communication skills. I have retired from both BSW and the Department of Veterans' Affairs where I was also a PCP.

I have always played sports including basketball, softball, volleyball, and tennis prior to Title 9. Most important to me was my dad playing catch with me after he came home from work almost every day since I was able to hold a ball. I now try to play golf and am currently co-president of Sundancers Square and Round Dance Club and am serving on the SCTX Pickleball Club Court Utilization Committee. We help Kathy and her teaching staff with Novice Mentoring classes as well as Novice Play. Peter and I nagged Kathy to let us help out until she finally caved! We strongly believe in "paying it forward" as so many folks in our club have patiently helped us improve our pickleball skills. We really appreciate the opportunity to work with others to improve their game.

We have 3 children, 4 grandkids, and enjoy having as much fun as we can, living here in our beautiful Sun City community.